

SEPTEMBER - OCTOBER 2024



The Edge



Steven's our gardening guru

Meet one of the greenest thumbs behind our resort's amazing gardens and green vistas

Big ideas for a compact backyard

You'll look at your Palm Lake Resort backyard differently with our ideas, inside

Refer a friend, earn a reward

Do you know someone who is looking to make the move here? Refer them, for fast cash!



Pictured above: Spring has definitely arrived, if this incredible clivia display in Steven's garden is anything to go by! Read more about Steven and his green thumbs on Page 7. Also, the Carnival of Flowers season is upon us and it's a wonderful time of the year to encourage your family and friends to come up the Range and visit so they too can share in the enjoyment of this type of floral beauty.

Welcome.

As spring graces us with its warmth and colour, now's the perfect time to make the most of everything our vibrant lifestyle resort community has to offer. Maybe you can gather with friends and neighbours around one of our sizzling barbecues, sharing laughter and delicious meals under the starry sky, or perhaps enjoy a fun outing to Picnic Point with a group? You can even hop on a Palm Lake Resort bus and enjoy a leisurely picnic with all those breathtaking views we get to enjoy here in Toowoomba at this most exciting time of the year.

For those seeking a touch of romance, maybe you can take a tranquil evening stroll through our park-like gardens, where the serene atmosphere and picturesque landscapes create the perfect setting? Or if you're in the mood to try something new, our diverse range of Weekly Activities is sure to bring a smile to your face. You can check out the full list of Weekly Activities on offer here at the resort on Page 5.

And let's not forget that the Toowoomba Carnival of Flowers this month provides ample additional opportunities to get out and about in our glorious part of the world.

Embrace all these opportunities, connect with your community and let's make the most of the season and our wonderful resort together.

Here's to living life to the fullest!

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers

Contact us.

Looking for more information about Palm Lake Resort Toowoomba?
Here's how you can reach us:

FREECALL: 1800 280 129

STREET ADDRESS:
Gate 1, 97-161 Hogg Street
Cranley QLD 4350

OFFICE HOURS:
9am - 4pm, five days a week

EMAIL:
salestoowoomba@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.



Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@palllake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palllake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



The spring edition of 'Your Time' is here!

Spring has arrived and so too has your copy of the Spring 2024 edition of our company magazine, *Your Time*. In this edition, we celebrate our two recent Master Builders' Association Awards for Palm Lake Group projects on the Sunshine Coast, QLD. We've also got plenty of coverage of our most recent events and, in our popular Lifestyle section, you can become a 'pasta master' - yum! If you haven't received a copy in your mailbox, you can always catch up online at palllakeresort.com.au



Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



Eric's sidecar adventures continue...

Annette Walker (Home 307) celebrated her 80th birthday with the ever-obliging Eric Gibbons (Home 231) who took her for a spin in his bright yellow sidecar. The ride is a lovely tradition that Eric has offered many other octogenarian homeowners at our resort. Pictured above right: Eric and his sidecar actually get up to loads of adventures. He's pictured here on his Condamine River Road challenge. He made it through 13 river crossings and, although ending up very wet, says it was quite an experience.



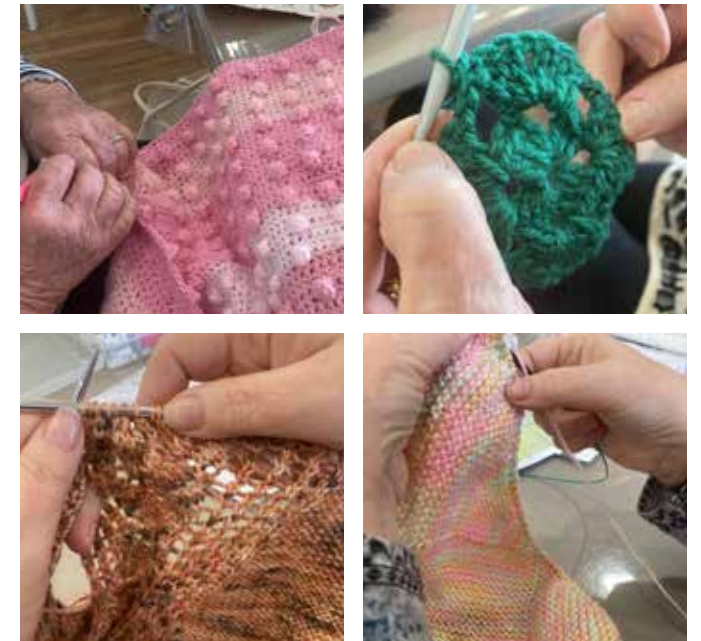
Around the grounds.

Pictured above: "The Olympics" was the theme for our Trivia night held in August and, boy, did we get onboard the green and gold!

Pictured left: Our winning Trivia night group.



Pictured above and left: Father's Day memories...



Pictured above: Check out the variety of gorgeous individual projects currently being completed by the Sewers and Knitters Group. Meetings are held every Thursday from 9am in the Pinnacle Craft Room. All are welcome to join in.

Weekly activities.

MONDAY

8.30am Aerobics, Misty Ridge (PLR)
8.30am 500 cards, Pinnacle (RC)
9.15am Beginners line dancing, Pinnacle (PLR)
10.15am Transitional line dancing, Pinnacle (PLR)
10.45am Improvers line dancing, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Mahjong, Misty Ridge (RC)
1pm Hand and Foot cards, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

8.30am Beginners line dancing, Pinnacle (PLR)
8.45am Bus to Grand Central (PLR)
9.30am Beginners line dancing, Pinnacle (PLR)
10am Aqua aerobics, Pinnacle (PLR)
10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
12noon Bistro lunch, Misty Ridge (PLR)
1pm Craft work and Canasta, Misty Ridge (RC)
1pm Pool/billiards, Pinnacle (RC)
2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
6pm Dinner, Pinnacle (PLR)

WEDNESDAY

8.30am 500 cards, Pinnacle (RC)
8.30am Table tennis, Misty Ridge (RC)
9am Tai chi and Qi Gong, Misty Ridge (PLR)
9am Pilates mat class, Pinnacle (PLR)
10am Steady steps, Pinnacle (PLR)
10.15am Yoga, Misty Ridge (PLR)
12noon Bistro lunch, Pinnacle (PLR)
1pm Hand and Foot cards, Pinnacle (RC)
5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

8.30am Intermediate line dancing, Misty Ridge (PLR)
8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)

9am Sewers and Knitters, all day, Pinnacle (RC)

12noon Bistro lunch, Misty Ridge (PLR)

12noon Lunch, Pinnacle (PLR)

12noon 500 cards, Misty Ridge (RC)

1pm Craft work, Misty Ridge (RC)

1pm Trivia, Pinnacle (RC)

1pm Pool/billiards, Pinnacle (RC)

1.15pm Bingo, Misty Ridge (RC)

2pm Ukulele lessons, Pinnacle (RC)

3pm Indoor bowls, Misty Ridge (RC)

6pm Dinner, Pinnacle (PLR)

FRIDAY

8.30am 500 cards, Pinnacle (RC)

9am Steady Steps, Misty Ridge (PLR)

9am Bus to Bunnings, last Friday of the month (PLR)

9am Craft work, Misty Ridge (RC)

9.15am Zumba Gold, Pinnacle (PLR)

10am Pilates mat class, Misty Ridge (PLR)

11am-1pm Milon Gym inductions, Pinnacle (PLR), by appointment via the Caretakers

12.30-4.30pm Watercolour painting, Pinnacle (RC)

1pm Mahjong, Misty Ridge (RC)

SATURDAY

9am Colouring-in, Misty Ridge (RC)

12noon Cards, Misty Ridge (RC)

1pm Backgammon, Misty Ridge (RC)

1pm Billiards, Pinnacle (RC)

SUNDAY

12noon Cards, Misty Ridge (RC)

PLR = Palm Lake Resort-sponsored activities.

RC = Activities organised by our homeowners. Please check with the Homeowners' Committee and/or the specific organisers of each event for more info.



Big ideas for a compact yard.

DOWNSIZING YOUR FAMILY HOME DOESN'T MEAN GIVING UP ON A BACKYARD THAT IS THE ENVY OF YOUR VISITORS. YOU'VE JUST GOT TO THINK A LITTLE MORE CREATIVELY. THERE ARE SO MANY WAYS TO EASILY TAKE A COMPACT BACKYARD TO THE NEXT LEVEL.

MAKE THE
'GREAT'
OUTDOORS
YOURS

Go green

It's the obvious thing but a lush, green garden is ever so welcoming. Speak to your local nurseryman about what types of plants suit your home's position (closely observe how the sun falls on your various garden beds before you head to the nursery) and also take into account how green your thumb actually is. Choose hardy plants if you're a plant newbie to avoid disappointment! A simple irrigation system is worth the expense when setting up your garden – many can be controlled via an app on your smartphone when you're away on holidays.

Game on

You don't need a huge backyard to have a huge amount of backyard fun – in fact, there's a whole range of yard-friendly games on the market that won't break the bank. Classic Bocce can't be beaten. Lawn bowls lovers will enjoy Bocce as the objective is similar: get your team's balls closer to the pallino (the first ball put into play) than the other team's. Alternatively, you may want to invest in a Finska set. This game involves throwing a wooden block at a cluster of 12 wooden cylinders, which are marked with the numbers one to 12. You can even seek out jumbo backyard versions of those classic indoor family games like Jenga, chess and Yahtzee.

Grow your own

A small vegetable patch can reap big rewards, especially when it comes to the pride felt when eating your own homegrown produce. Even the smallest of garden beds can be utilised for a veggie patch or you could group together a few larger decorator pots filled with premium potting mix. Lettuce is an easy veg to grow that is also quick to reach harvest. There are also now dwarf tomato varieties that grow to roughly 50cm, which is perfect for a small veggie patch. Shallots, French beans and spinach are compact growers. Beetroot and onions don't take up too much space and are fun for the kids to dig up when mature. Preparing your ground

is key – use rich composted soil. Water and fertilise regularly for fast results. This is one project that's perfect to share with the grandies and maybe you can work with your neighbours to ensure a wide variety of produce is grown which can then be shared around.

Wriggling wonders

If you've committed to a veggie patch, another cool addition to a small backyard is a worm farm. For around \$150, you can set yourself up with a neat and compact worm farm and all the things you'll need to support your new little wriggly pets. Worms will compost your kitchen scraps while also producing worm 'tea' fertiliser and the richest compost/soil for your plants. When a worm farm is working efficiently, there's no smell. It's another one of those backyard beauties that the grandkids will LOVE! And, trust us, your neighbours will want some of your magic worm tea for their gardens too – bottle it up and share it around!

Garden art

Another way to bring 'wow factor' to your backyard is via garden art. There are endless options! Consider decorative screens/panels (widely available at hardware stores) which look great installed against a plain fence, or even statues and sculptural figures subtly installed among the greenery for a surprise 'pop' of interest. Water features provide the soothing sound of gentle running water while you can also paint a feature wall – they aren't just for inside!

Take a seat

A commonly overlooked element of backyards is seating. Create places to stop and take in the vista you've created. The more unexpected, the better. Maybe you can install a bench near your veggie patch that doubles as storage for a few small garden tools? Or position a couple of chairs and a small table to overlook the water feature? Sitting among the plants in your backyard, with the sun on your back, is proven to be amazing therapy.

Steven's got two green thumbs.

AT PALM LAKE RESORT TOOWOOMBA, OUR STUNNING GARDENS AND VIBRANT GREEN SPACES ARE THE PRIDE OF OUR COMMUNITY, AND MUCH OF THIS BEAUTY CAN BE ATTRIBUTED TO THE EXTRAORDINARY EFFORTS OF ONE OF OUR AMAZING GARDENING TEAM, STEVEN.

Originally from Taiwan, Sung Chuan Liao (or Steven, as he's known) has called Australia home for 28 years, and since joining our team in May 2021, he has made an indelible mark on our resort's landscape.

With his passion for horticulture and his commitment to creating breathtaking garden spaces and that ever-present welcoming smile and positive attitude, Steven has become a beloved figure among homeowners and staff.

Steven's love for nature and his deep environmental consciousness drive his approach to gardening. He focuses on plantings that are not only aesthetically pleasing but also naturally weed-resistant, which significantly reduces the need for chemical treatments. This thoughtful approach has contributed to the creation of the magical gardens and enchanting walkways that can be admired from the lookout point on Candytuft Boulevard.

Many of the vibrant varieties that adorn our gardens have been sourced from cuttings or kind donations from our homeowners. Steven's exceptional talent ensures that these plants thrive, resulting in an extraordinary wonderland of natural beauty and colour. Steven has crafted spaces where homeowners can come together to enjoy the serenity and splendor of nature, whether it's a leisurely stroll along the walkways or simply taking in the view from the lookout. His work has provided a wonderful setting for relaxation and community connection.

We are incredibly fortunate to have Steven as part of our team. His passion, expertise and cheerful demeanor have enriched our resort in countless ways. Thank you, Steven, for creating such beautiful and inviting environments for us all to enjoy.



Homes for sale.



FOR HOME APPRAISALS, PRIVATE RESORT TOURS AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES INFORMATION CENTRE ON 1800 280 129.

Home 182 - \$600,000



Set in a convenient position, allowing easy access to Misty Ridge Country Club and many wonderful facilities. This 'Coolwin 3' designed home offers space and is presented in excellent condition throughout. With an open plan design and raked ceilings, this home offers easy maintenance, a homely feel and makes for a comfortable, relaxing lifestyle. It comprises three built-in bedrooms, 2-way bathroom, two toilets and fully enclosed outdoor area that can be enjoyed all year round. Central to the home is the kitchen with brand new oven and plenty of bench and cupboard space. A 1.5 lock-up garage provides internal access to the home, 2-pac cabinetry, custom window furnishings, air conditioning and ceiling fans. A 3000-litre rainwater tank is plumbed to the home.

Your sales update.

It's Carnival Time in Toowoomba - Happy spring to all our beautiful homeowners!

Things have really been moving across the resort in regards to sales activity. Thank you to all homeowners who have listed with me. You have all been a delight to deal with and we have achieved some great results.

On that topic, I'd like to send out a warm welcome to our many new homeowners. May you settle in well, enjoy our beautiful resort and facilities, and make some long-lasting friendships while you're at it! Here are some of the newest faces you'll see around the resort grounds:

- Ian and Helen
- Robyn
- Allan and Colleen
- Selwyn and Margaret
- John and Anne
- Bev and Corry
- Ray and Mari
- Roy and Heather
- Betty
- Jean
- Jeffrey and Lorraine
- Geoffrey and Suzanne
- Trevor and Gloria
- Lola
- Norm and Val

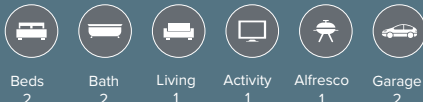
For buyers: There are homes coming on the market all the time. Several homes sell before we officially get them listed, as interested buyers can leave their details with me in the Sales Information Centre and are informed as soon as a suitable home becomes available. If you are looking to buy in our exclusive community, please call me on 1800 280 129 to book a tour or provide me with your details so I can call you back as soon as a suitable home comes up.

For sellers: There are several cash buyers waiting for a home in our resort with a view. There are also buyers waiting for smaller homes within our beautiful resort. So, if your situation has recently changed or you would like to discuss the possibility of selling, now may be a great time. All conversations are in confidence. Please feel free to reach out to me direct.

Amanda McGilvray
Sales Consultant



Home 554 - \$978,000



Set in a sought-after, convenient position, allowing easy access to the Pinnacle Country Club and many other wonderful facilities. This 'Manaboa' designed home offers plenty of space and is presented in excellent condition. Comprising two built-in bedrooms (the main complete with large robe and huge ensuite), plus a handy activity room and study nook. Central to the home is an impressive gourmet kitchen with SMEG appliances. A double lock-up garage with epoxy resin flooring provides internal access to the home. Featuring stone bench tops and 2-pac cabinetry, custom window furnishings, zone controlled ducted air con, security screens and doors throughout, ceiling fans, LED lighting, a 5000-litre tank, 3kw of solar and established gardens.

Home 383 - \$975,000



Home 364 - \$750,000



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



FREECALL 1800 280 129 | salestoowoomba@palllake.com.au
97-161 Hogg Street, Cranley QLD 4350

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