

SEPTEMBER - OCTOBER 2025



The Edge



Meet the music makers

The sound of music has been emanating from our clubhouses recently!

Around the grounds

Catch up on all the fun we've been having at Palm Lake Resort Toowoomba, inside...

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

Spring has sprung in Toowoomba, and with it comes the vibrant energy of the Carnival of Flowers – a sure sign it's time to get our hands back into the soil. As the days grow longer and the gardens burst back to life, there's a wonderful buzz of excitement around the resort. Whether you're planting new blooms, tidying up after winter, or simply soaking in the sunshine, it's the perfect season to reconnect with nature and make the most of our beautiful surroundings. Let's get busy in the garden – and don't forget to take a moment to enjoy the fresh air, the flowers, and all the little joys this season brings.

That same sense of energy is reflected throughout this edition of 'The Edge'. You'll read about our community's love of live music – from Cathy Drummond's crowd-pleasing nights to the fun of a Misty Ridge Clubhouse concert (complete with food van). Our Friday night socials also feature, with everything from Trivia to Cocktail Nights, plus a highlight performance by the Diamond Avenue Duo.

For those who enjoy exploring further afield, we've captured some of the great outings our Social Committee has organised recently – including trips to the Brisbane XXXX Brewery, the Tara Picnic Races and a festive Christmas in July celebration at the Clock and Bull – as well as our monthly guest speaker sessions, coordinated by a dedicated homeowner.

It's shaping up to be a bright and busy season at Palm Lake Resort Toowoomba – and this issue of The Edge is a wonderful reminder of everything we have to celebrate together.

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers

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Contact us.

Looking for more information about
Palm Lake Resort Toowoomba?
Here's how you can reach us:

PHONE: 1800 280 129

STREET ADDRESS:
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Cranley QLD 4350

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9am - 4pm, five days a week

EMAIL:
toowoomba@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@pall.lake.resort)



News briefs.

JPs on hand

Did you know we have a number of homeowners here at the resort who are qualified JPs?

- John Robinson (2228)
- Kelly Logan (1295)
- Wendy Taylor (1222)

Also, Margaret Murphy (2343) is a Commissioner of Declarations.

Weekly Activities list

PLR = Palm Lake Resort-sponsored activities. RC = Activities organised by our homeowners.

MONDAY

8.30am Aerobics, Misty Ridge (PLR).
500 cards, Pinnacle (RC)
9.15am Beginners line dancing, Pinnacle (PLR)
10.15am Transitional line dancing, Pinnacle (PLR)
10.45am Improvers line dancing, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Mahjong, Misty Ridge (RC).
Hand & Foot, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

8.30am Beginners line dancing, Pinnacle (PLR)
8.45am Bus to Grand Central (PLR)
9.30am Beginners line dancing, Pinnacle (PLR)
10am Aqua aerobics, Pinnacle (PLR)
10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
12noon Bistro lunch, Misty Ridge (PLR)
1pm Craft work and Canasta, Misty Ridge (RC)
1pm Pool/billiards, Pinnacle (RC)
2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
6pm Dinner, Pinnacle (PLR)

WEDNESDAY

8.30am 500 cards, Pinnacle (RC).
Table tennis, Misty Ridge (RC)
9am Tai chi and Qi Gong, Misty Ridge (PLR)
9am Pilates mat class, Pinnacle (PLR)
10am Steady steps, Pinnacle (PLR)
10.15am Yoga, Misty Ridge (PLR)
12noon Bistro lunch, Pinnacle (PLR)

1pm Hand and Foot cards, Pinnacle (RC)

5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

8.30am Intermediate line dancing, Misty Ridge (PLR)
8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)
9am Sewers and Knitters, all day, Pinnacle (RC)
12noon Bistro lunch, Misty Ridge (PLR). Lunch, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Craft work, Misty Ridge (RC).
Trivia, Pinnacle (RC). Pool/billiards, Pinnacle (RC)
1.15pm Bingo, Misty Ridge (RC)
2pm Ukulele lessons, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)
6pm Dinner, Pinnacle (PLR)

FRIDAY

8.30am 500 cards, Pinnacle (RC)
9am Steady Steps, Misty Ridge (PLR).
Craft, Misty Ridge (RC)
9am Bus to Bunnings, last Friday of the month (PLR)
9.15am Zumba Gold, Pinnacle (PLR)
10am Pilates mat class, Misty Ridge (PLR)
11am-1pm Milon Gym inductions, Pinnacle (PLR), by appointment via the Caretakers
12.30-4.30pm Watercolour painting, Pinnacle (RC)
1pm Mahjong, Misty Ridge (RC)

SATURDAY

9am Colouring-in, Misty Ridge (RC)
12noon Cards, Misty Ridge (RC)
1pm Backgammon, Misty Ridge (RC).
Billiards, Pinnacle (RC)

SUNDAY

12noon Cards, Misty Ridge (RC)

This is Your Time



The latest edition of *This is Your Time* magazine harnesses the exciting energy of spring. We cover all the new 'growth' across our company, including the unveiling of Australia's (and arguably the world's) biggest and most opulent community facility at Palm Lake Resort Pelican Waters: The Springs Country Club. We also reveal our teams' "local loves" across Palm Lake Resorts Yamba Cove, Paynesville and Foster Lakes areas. Among the lifestyle features, we urge readers to take their cues from spring and book a (literally) bloomin' great holiday or add a plant-based spring recipe to their menu repertoire. Palm Lake Resort homeowners will find a copy of the magazine in their letterbox and anyone can read the edition online at palllakeresort.com.au



Meet our new Social Committee

Palm Lake Resort Toowoomba have just appointed its new Social Club Committee. We are an over-50s resort that knows how to have fun! In addition to the normal Friday Night social events, this year's committee is organising a Father's Day celebration, Oktoberfest, a dog show, a car rally and Melbourne Cup – just to mention a few.

Music to our ears!

WHETHER IT'S LIVE BANDS, SOLO ACTS OR IMPROMPTU SINGALONGS, MUSIC ALWAYS BRINGS US TOGETHER. ENJOY THESE RECENT MUSICAL MOMENTS AT PALM LAKE RESORT TOOWOOMBA.

Cathy Drummond takes the stage!

Parts of Queensland experienced a rare earthquake recently, but here at Palm Lake Resort Toowoomba, we enjoy good vibrations on a regular basis thanks to Cathy Drummond. With her lively performances, Cathy gets everyone moving – from packed dance floors to spirited conga lines – ensuring it's always a fun night.



Music at Misty

Misty Ridge Clubhouse is always the stage for a good time, and it recently came alive with the sounds of 'Joy and the Pacemakers' and 'Shamrock Wattle and The Thistle Band'. With a food van on hand – always a crowd-pleaser – the day hit all the right notes for residents and guests alike.



Friday night fun

Every Friday night, our Social Committee delights us with a Dinner Dance, Trivia, or a Cocktail Night. Recently we were entertained by the Diamond Avenue Duo – always a crowd favourite and guaranteed to get our homeowners up on the dance floor.



Around the grounds.

THESE PAST FEW MONTHS AT PALM LAKE RESORT TOOWOOMBA HAS BEEN VERY BUSY WITH LAUGHTER, CREATIVITY, ADVENTURE, SPORT AND FUN – PROVING ONCE AGAIN THAT LIFE HERE IS ANYTHING BUT ORDINARY!

Paw-some visitors

Homeowner John Hobden organises guest speakers to talk to us each month. Recently, he invited two representatives from Guide Dogs Queensland, who visited with the beautiful black labrador, Evie.



Golden hour, golden years

Toowoomba is a beautiful place to call home, no matter the season. Our young trees showed off their stunning autumn colours – and as if that weren't enough, we're also treated to glorious sunsets.



Day tripping

We love to venture out and explore Toowoomba and beyond. Recently, thanks to our Social Committee, we've visited the Brisbane XXXX Brewery, the Tara Picnic Races, a Christmas in July at the Clock and Bull in Cabarlah, to name a few.



Homes for sale.

Home 311 - \$1,150,000

- Beds 3
- Bath 2
- Living 1
- Garage 2
- Outdoor Living



Home 447 - \$960,000

- Beds 3
- Bath 2
- Living 1
- Alfresco 1
- Garage 2



Home 27 - \$680,000

- Beds 3
- Bath 1
- Study 1
- Living 1
- Garage 2
- Outdoor Living



Home 61 - \$665,000

- Beds 2
- Bath 1
- Living 1
- Alfresco 1
- Garage 1.5



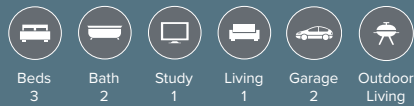
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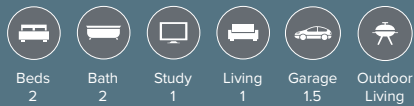
Homes for sale.

FOR HOME APPRAISALS, PRIVATE RESORT TOURS AND ANY OTHER GENERAL
SALES ENQUIRIES, PHONE PALM LAKE RESORT TOOWOOMBA'S SALES
INFORMATION CENTRE ON 1800 280 129.

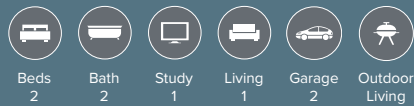
Home 535 - \$980,000



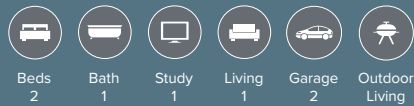
Home 19 - \$650,000



Home 276 - \$890,000



Home 53 - \$720,000



Home 516 - \$1,150,000



Home 534 - \$1,180,000



Your sales update.

"Where flowers bloom, so does hope." – Lady Bird Johnson

Spring brings such an exciting and beautiful time of the year: smiling faces, garden flowers and little bees. A good excuse for a 'spring clean'.



Behind the scenes, we've been working hard to ensure ALL sales properties are sold and welcoming for their new owners. When selling your home, please keep in mind...

- Smoke alarms are to be compliant with a compliance certificate to be sent to sales
- Home is to be presented in a manner that is comfortable, clean, and inviting
- A key or key lock code is to be provided for ease of access

No question is in the 'too hard basket', so please feel free to reach out at any time.

I would like to welcome our new owners into the resort! If you do not yet have your name badge, please call me on 0417 189 927 or stop into my office as some have now arrived.

If you would like information on sales, please email amandam@palllake.com.au or call direct on 0417 189 927. Our recently sold homes...

August: Home 17 'Watervale II'; Home 155 'Watervale III'; Home 29 'Coonawarra'; Home 450 'Beechworth'; Home 303 'Paringa'; Home 330 'Derwent'

September: Home 53 'Watervale III'; Home 516 'Custom'; Home 450 'Beechworth'; Home 544 'Majella'; Home 19 'Watervale'.

Until next time,

Amanda McGilvray
Sales Consultant
Palm Lake Resort Toowoomba

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Care cookbook shares the culinary love

Palm Lake Resort's sister company, Palm Lake Care, has just published a lovely commemorative cookbook, "From our hearts to your table", filled with special family recipes gratefully shared by residents and various team members. It was quite a lengthy process collecting all the special 'ingredients' for the 52-page cookbook, but now it's time for this highly anticipated project to be plated up and served to our excited community.

"Here we share a passion for food and use it as a bridge to connect generations, cultures and cherished moments," the book's production team members state, in the Foreword. "We're engaging residents and employees by celebrating their culinary memories, personal tastes and shared traditions. This cookbook turns mealtime into a meaningful experience, filled with flavours that comfort, inspire and bring back fond memories of home and childhood."

Every recipe reproduced in the book comes complete with a photo of the recipe's owner and the story as to why their particular recipe is so meaningful to them. For example, Palm Lake Care Deception Bay resident Johanne Visser shared his recipe for Traditional African Oxtail Stew. Johanne says this recipe was passed through three generations of his family. Children within the village where he lived would all bring the ingredients to his door and beg Johanne's wife to make this stew for them - and she'd happily oblige. Palm Lake Care Bethania resident Helen Jutte also shared a recipe that took her back to her childhood. She described her 'Dutch Stampot with Rookworst' as "One dish and a thousand memories".



"When I was 13, I moved to Holland to live with my grandmother on a farm filled with animals - even a cow that lived inside the house!" Helen recalls.

"She introduced me to new foods like Stampot Boerenkool, which we'd enjoy in winter with sausage, always saying 'Eet lekker!' which translated to 'eat well'. This dish still brings back warm memories of my time on the farm."

Palm Lake Care Bethania Service Manager Bernice Cowley shared her recipe for Malva Pudding - a beloved South African dessert, rich in nostalgia and flavour served warm and best enjoyed with custard, cream or ice cream. And our Chief Operating Officer Trish Heke's humble Cheesy Scones also got the call up!

"Making a fresh batch of scones is a tradition in my family, and while the recipe has had a modern twist put on it, the meaning remains - they are a treat from the heart," Trish smiles.

"My great grandmother made fresh scones for family when they visited. It was viewed as an honour to both serve and be served, always with a pot of tea. Naturally, I have taught my family to make them but... it still seems to fall to me to produce a batch. The team at Central Support Office don't mind when I bring some in either!"

Copies of the "From our hearts to your table" recipe book are just \$20 each. To purchase your copy, simply stop by the Reception desk of your closest Palm Lake Care community (see palllakecare.com.au for contact details).

Ian walks for charity



Palm Lake Resort Cooroy-Noosa homeowner Ian Bates has collected close to \$5000 and walked 114km for the 'Walk For Him' campaign, in support of prostate cancer research. "Many of us in the resort have been affected by the scourge of prostate cancer and we have lost too many good friends to it in the few years the resort has been open," Ian says. "By the end of the fundraiser, the donations I had received - both in cash and online - totalled \$4734, placing me eighth out of 1215 participants on the national leader board." Nice work, Ian!



Inter-resort good sports

Palm Lake Resort Tea Gardens homeowners joined Palm Lake Resort Forster Lakes homeowners at Palm Lake Resort Fern Bay recently, to slug it out on the tennis court all in the name of good sports. As is always the case when we bring multiple resorts together for 'sport', there was an equal amount of fun reported on the sidelines as was had on the courts. The event's hosts went above and beyond for their Palm Lake Resort 'cousins' - purchasing a heater and lots of blankets to keep the crowds warm on what shaped up to be one of the area's coldest days on record! After a few games, some of the tennis players decided it was warmer to go inside and play table tennis - luckily, Forster Lakes had four table tennis players in their midst! With a delicious soup lunch enjoyed, no one really cared what the scores on the courts ended up being! The next matches will be played at Tea Gardens at the end of October.

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**

Merran is an Aussie champ!



Palm Lake Resort Yamba homeowner Merran is the Australian Three-Day Orienteering Champion (Women's 85A). While not competing for four years due to a hip replacement and recovery from a fractured pelvis, Merran came second on Day One, first on Day Two and second on Day Three but she was ultimately fastest over the three days and took out the Australian championship. Well done, Merran!



Kindness grows, and grows

Palm Lake Resort Forster Lakes homeowners have rallied behind their local area's flood relief effort with thanks to two key charitable neighbours, Dee and Carol. The pair wanted to help via a collection drive and with the guidance of the Pacific Palms Rural Fire Service, the social media-savvy ladies put a call out to their fellow resort neighbours and were soon inundated with donations of things like food, nappies, toilet paper and animal food. With all hands on deck, they loaded up the resort bus as well as a car trailer and headed to Pacific Palms RFS (as pictured above) to sort and then deliver the haul to the Community Flood Relief Hub in Taree. Still on their charitable high some weeks later, the group heard there was additional need for clothes and bedding. They collected, sorted and labelled another trailerload that went to hubs in Taree and Wingham the following day.

Knowing their charitable efforts were really making a difference, the Forster Lakes homeowners looked for further ways to continue spreading the love. Through Pacific Palms RFS they met two families to sponsor. They worked directly with the family members to find out what exactly they needed to get their homes and even a farm back up and running - and happily obliged with more donated kitchen and household items as well as a monetary donation. After all of the effort and success, the homeowners have decided to 'adopt' the Pacific Palms RFS and have been helping to stock their fridge with meals, cakes etc for when they are out and about looking out for the rest of the local community. As Dee and Carol say, "Helping these helpers makes us feel great!". Well done to all the selfless Palm Lake Resort Forster Lakes homeowners who contributed in some way.

Home to your best years.



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palllakeresort.com.au