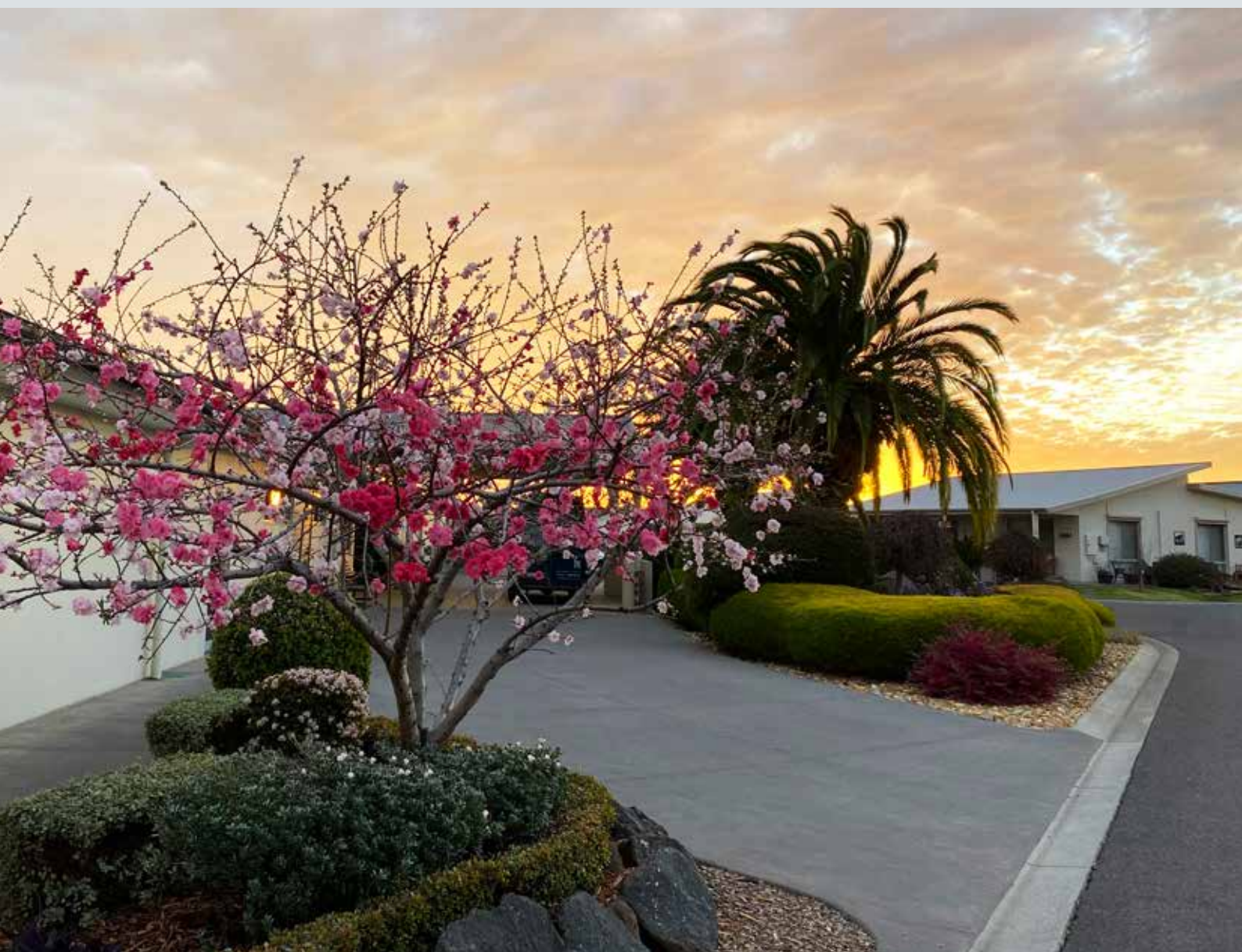


JUNE - JULY 2026



Thrive



We will remember them

Our homeowners commemorated Anzac Day with a touching dawn service

Take a trip back in time

The cooler months are the perfect time to explore Australia's best historic towns

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

Somehow we've arrived at the halfway point of 2026 – the calendar keeps turning, the days are shorter and winter is settling in around us. As we step into the second half of the year, we're looking forward to seeing the clubhouse bar come to life. This wonderful new feature is a space designed to bring people together, create connection and add something truly special for everyone to enjoy.

Reflecting on the last few weeks, we were incredibly proud to walk into the clubhouse, see so many familiar faces and be part of the Anzac Day dawn service. It was wonderful to see such a strong turnout, with close to 130 residents coming together to share in this important occasion. The new memorial footpath looked fantastic and was a fitting addition to the service, while the lighting created a beautiful, calm atmosphere. It was a meaningful morning that reflected the spirit of our community, and we thank everyone who made the service so special.

We would also like to thank everyone who contributed to this year's Good Friday fundraising event in support of the Royal Children's Hospital Good Friday Appeal. Your generosity, enthusiasm and community spirit once again made the day such a success. Whether you donated, volunteered your time, helped organise activities, prepared food, sold raffle tickets, participated in the games or simply came along to support the event, every contribution played an important part in raising funds for a truly worthy cause.

It is moments like these that show what a special community we have here at Palm Lake Resort Truganina. The willingness of residents to come together year after year to support others is something we truly value.

Susan and Theo,
Palm Lake Resort Truganina Caretakers



This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

Looking for more information about Palm Lake Resort Truganina? Here's how you can reach us:

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Truganina, VIC 3029

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EMAIL OUR SALES OFFICE:
salestruganina@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
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Instagram (@palllake.resort)



News in brief.



Please, go slow

Sometimes when we are in a hurry, we forget the limits and our speed creeps up but, for the safety of all including our wildlife, please stick to the 10km/h speed limit. Also, to those owners of bikes, buggies and motorised scooters, you also need to respect the road rules whilst moving around our resort grounds.

We want to hear from you!

Whether it's photos from a recent event or a new activity you'd like to announce, this newsletter is the perfect place to share the latest and greatest resort happenings. Ask your caretaker about deadlines for upcoming editions and how to submit content.

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Green waste dates for your diary

Make sure you note in your diary that the first Wednesday of every month is green waste day. Over the next few months, green waste days are:

- July 1
- August 5

Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.) or on residents' front grass areas. Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).



Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@palllake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palllake.care). With more than 12,000 people calling a Palm Lake address home, there's always loads going on!

Weekly activities.

MONDAY

9.30am Bus to Point Cook Shopping Centre
9.30am Gentle exercise with instructor
10am "Stampin' Up" class with instructor
12 noon Homeowners' bistro lunch
4pm Happy Hour (Bowls Club)
5pm Line dancing with instructor
7.30pm Bingo (Clubhouse)

TUESDAY

9.30am Zumba, with instructor
9.30am Jamming Music Group (Rec Room)
11am Aqua Aerobics Class with Instructor
12.30pm Social bowls (winter)
5pm Pizza night (Bowls Club)
6pm Homeowners' dinner
4pm Happy Hour (Bowls Club)
7pm Social cards
7.30pm Social billiards (Charlton Room)

WEDNESDAY

9am Yogalates, with instructor
10.15am Aqua aerobics class, with instructor
2pm Social craft (BYO craft)
4pm Happy Hour (Bowls Club)
6pm Homeowners' dinner
7.15pm Social movie night (in the Country Club Cinema)

THURSDAY

9.30am Bus to Werribee Plaza
9.30am Tai chi, with instructor
12 noon Homeowners' bistro lunch
4pm Social table tennis (Rec Room)
4pm Happy Hour (Bowls Club)
7pm Social craft (BYO craft)

FRIDAY

10.15am Yogalates, with instructor
2pm Social board games
4pm Happy Hour (Bowls Club)

SATURDAY

12.30pm Social bowls
4pm Happy Hour (Bowls Club)

SUNDAY

2pm Social cards
4pm Happy Hour (Bowls Club)

Lest we forget.

EACH YEAR, ON APRIL 25 – THE ANNIVERSARY OF THE ANZAC'S FIRST LANDING AT GALLIPOLI IN 1915 – WE REFLECT ON THE HARDSHIP, LOSS AND LEGACY THAT HAS SHAPED AUSTRALIA AND NEW ZEALAND SINCE.

It's a day to honour not only those who served in 1915, but all who have worn the uniform since. We also remember the many animals – horses, donkeys, dogs and pigeons – who served alongside them. Sandy the Horse is a particularly poignant symbol. Serving as the mount of Major General Sir William Bridges during the early stages of the war, Sandy made the journey home to Australia after Bridges' death – and was the only horse to do so.

This year, our dawn service was a reminder of the enduring ANZAC spirit. Thank you to Anita, Morag, Sue, Bronwyn, Diane, Adel and Cheryl for rising so early to prepare the gunfire breakfast, ensuring everyone was well looked after. Thank you also to John for leading the service as our MC with such respect and dignity, and to the choir for their moving rendition 'Pie Jesu' and the Australian and New Zealand national anthems. Finally, thank you to our guest speakers Warren (RC President) and Jeff for their thoughtful reflections, Kevin for reciting the Ode to the Fallen, and John and Jeff, our flag orderlies.



A very Good Friday.

SINCE 2017, GOOD FRIDAY AT PALM LAKE RESORT TRUGANINA HAS BECOME SYNONYMOUS WITH FUNDRAISING FOR THE ROYAL CHILDREN'S HOSPITAL GOOD FRIDAY APPEAL.

Once again this year, our small community proved that together we can make a big difference. The generosity of our residents was truly overwhelming, with an incredible \$3,140 raised on the day. Added to this was \$235.65 from the Easter Basket Raffle and a generous \$450 donation from Linda Wilson's Bottle and Can Recycling, bringing the total raised to an impressive \$3,825.65.

The day began with the traditional morning game of bowls, where Kevin "rattled the bucket," good-naturedly fining bowlers for having too much fun and raising more than \$300 in the process.

Lunch followed at the Country Club, with 100 guests enjoying the festivities before taking part in a couple of games ahead of the ever-popular Mega Lucky Draw.

Winners on the day included:

- **Bowls:** Chocolate bunnies awarded to the winners and runners-up
- **Heads and Tails:** Winner – Graham; Runner-up – Terry
- **Closest to the Bottle (1L Grant's Scotch Whisky):** Roly generously donated the bottle back for auction.
- **Auction (1L Grant's Scotch Whisky and a bottle of Glenfiddich Whisky):** Successful bidder – Marlene

Fundraising highlights included:

- **Heads and Tails:** raised around \$100
- **Closest to the Bottle:** raised over \$200
- **Auction:** raised around \$110

The day ran smoothly thanks to the many volunteers who helped throughout the event, with special thanks to the wonderful ladies in the kitchen for all their hard work.

A fantastic day was enjoyed by all, and once again we thank everyone for contributing to such a wonderful community effort in support of the Good Friday Appeal.





Bright, Victoria

Travel through time.

AUSTRALIA'S BUSTLING COASTAL CAPITALS TEND TO GET ALL THE SPOTLIGHT, BUT THERE'S A LOT TO BE SAID FOR PLACES WHERE THINGS MOVE A LITTLE SLOWER. IF YOU'RE PLANNING YOUR NEXT ROAD TRIP, WHY NOT STEP BACK IN TIME WITH A VISIT TO ONE OF AUSTRALIA'S BEST HISTORIC TOWNS?

What makes a town historic? Not just any old place (literally) can make the cut. The best historic towns combine both age and atmosphere. We're talking towns, not cities – generally under 15,000 people – where heritage buildings aren't just dotted around, but define the heart of town. Think preserved streetscapes, pubs that have been pouring since the 1800s, and post offices, courthouses and churches from the earliest days of settlement. Here are some of Australia's best...

Charleville, Queensland

If you're looking for classic outback charm – wide streets, federation-era buildings and a strong railway history – look no further than Charleville. Explore its rich heritage at the historic railway station or the remnants of the top secret WWII base (operated by the US Air Force), stargaze at the Cosmos Centre, and extend your stay at one of the historic Hotel Corones or classic Warrego Motel.

Charters Towers, Queensland

Walking down the main streets of Charters Towers, it's easy to believe it was once one of Australia's richest gold rush towns. From the grand Stock Exchange Arcade (Charters Towers is home to one of the world's first regional stock exchanges) and towering bank buildings to the old-school pubs with their classic verandah dining, Charters Towers may be just 90 minutes from Townsville – but it feels like a step back in time.

Braidwood, New South Wales

Many towns have a heritage-listed building or two, but few are heritage-listed in their entirety – that's what makes Braidwood so special. Established in the mid-1800s, Braidwood has become a popular tourist destination – not only for its rich history, but its slightly bohemian feel, too. Browse the bakeries and boutiques, hunt for antiques, and soak up the charm of small-town life (and all just one hour from Canberra).

Morpeth, New South Wales

Established in the early 1800s, this historic river port has been beautifully preserved over time – even despite its decline with the arrival of the railway in the late 19th century. Now, a stroll through Morpeth isn't complete without a visit to the old wharf precinct, a peak inside its sandstone buildings or a stop at the Historic Arnott Bakehouse.

Berrima, New South Wales

Boasting one of New South Wales' most intact colonial streetscapes, and Australia's oldest continually licensed pub (the Surveyor General Inn, established in 1834), Berrima is a must-visit if you're exploring the picturesque Southern Highlands. Visit the historic courthouse and Berrima Gaol, shop for antiques and artisan goods, and find out why Berrima has been frozen in time since the late 1800s.

Beechworth, Victoria

What sets a gold rush town apart from the rest? Some Ned Kelly lore, that's what. Beechworth was the site of Ned Kelly's 1880 trial, meaning a visit to its historic courthouse and 30-plus National Trust-listed buildings is a must-do when you're in town. Find out why they say that Beechworth's paths were paved with gold, then explore its darker history with a ghost tour you won't soon forget.

Port Fairy, Victoria

It doesn't get much more charming than Port Fairy, Victoria's heritage fishing village. Beginning as a whaling station in the 1830s, and becoming one of the country's busiest ports two decades later, Port Fairy has retained more than 50 National Trust-classified buildings. Walk the wharf, admiring its whitewashed cottages, and take in the sea air at a waterside pub. The perfect end to a Great Ocean Road adventure.

Bright, Victoria

Once a thriving gold rush town, nowadays, Bright shines for a different reason – the vivid autumn leaves that line its quaint streets. Close to Mount Hotham, it's the perfect place to go if you're looking for an alpine escape – especially one that includes cosy cafes, a strong brewery scene and rewarding rail trails.

Hahndorf, South Australia

Unique Hahndorf was established in the 1830s by German Lutherans, making it Australia's oldest surviving German settlement. Nestled near the Adelaide Hills wine region, its famous for its 19th century Prussian architecture and delicious German fare, meaning Aussies don't need to travel to Hanover to indulge in authentic schnitzel or pretzels.

Richmond, Tasmania

Tasmania is rich in history, but the fittingly-named Richmond is one of its most famous villages – for good reason. Dating back to the 1820s, when it began as a convict-era garrison town (military outpost), Richmond's streetscape hasn't changed all that much since then. Pay a visit to Australia's oldest stone bridge, one of the country's oldest gaols, and the many cosy tearooms and shops in the town's centre.

York, Western Australia

Western Australia's oldest inland town – with one of the state's best heritage main streets – York was a key stop en route to the 1890s goldfields boom. Set in the beautiful Avon Valley, about an hour and a half from Perth, it provides the perfect day trip destination: country pubs, wildflowers, and heritage stays if you can't bear to leave just yet.

New Norcia, Western Australia

Founded in 1847 by Spanish Benedictine monks, New Norcia is Australia's only monastic town. It was first developed as a mission, but has bloomed into a religious and cultural centre in the decades since. Quiet, contemplative and honestly surreal, its distinct European architecture and classic outback setting make it well worth the two-hour drive from Perth.



Richmond, Tasmania



Charters Towers, Queensland



Morpeth, New South Wales



York, Western Australia



Hahndorf, South Australia

Homes for sale.

FOR MORE INFO OR TO ORGANISE YOUR PRIVATE TOUR, PHONE 1800 686 096,
EMAIL SALESTRUGANINA@PALMLAKE.COM.AU OR VISIT PALMLAKERESORT.COM.AU

Home 211 - \$435,000

Beds

2

Bath

1.5

Living

1

Study

1

Alfresco

1

Garage

1



Home 196 - \$475,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

1



Home 81 - \$450,000

Beds

2

Bath

1.5

Living

1

Study

1

Alfresco

1

Garage

1



Home 163 - \$569,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

2

Garage

1



Home 41 - \$500,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

2



Home 224 - \$580,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

2



Home 119 - \$530,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

2



Home 68 - \$500,000

Beds

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

1.5



UNDER
OFFER

UNDER
CONTRACT

Homes for sale.

Home 12 - \$625,000

- 
Beds
2
- 
Bath
2
- 
Living
1
- 
Study
1
- 
Alfresco
2
- 
Garage
2



UNDER
CONTRACT



Home 202 - \$390,000

- 
Beds
2
- 
Bath
1
- 
Living
1
- 
Study
1
- 
Alfresco
1
- 
Garage
1



UNDER
CONTRACT



Home 30 - \$480,000

- 
Beds
2
- 
Bath
1.5
- 
Living
1
- 
Alfresco
1
- 
Garage
2



UNDER
CONTRACT



Home 200 - \$495,000

- 
Beds
2
- 
Bath
2
- 
Living
1
- 
Study
1
- 
Alfresco
1
- 
Garage
2



SOLD



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PHONE 1800 686 096, EMAIL SALESTRUGANINA@PALMLAKE.COM.AU
OR VISIT PALMLAKERESORT.COM.AU

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES
ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL
PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY
OF GOOD NEWS AROUND OUR GROUNDS.



Living the high life.

Our homeowners love living in luxury – and having a laugh! At **Palm Lake Resort Carindale**, a newly-created lounge area has quickly been dubbed 'The Qantas Lounge', and homeowners love using it for downtime, church group and coffee catch-ups. One talented homeowner has even created a wooden sign! Meanwhile, at **Palm Lake Resort Yamba**, homeowners have established an exclusive 'corporate box' (dubbed Bay 13, just like at the Melbourne Cricket Ground), and it's the perfect place to watch pickleball games on the new court.



Trauma teddies go overseas.

Ladies from the **Palm Lake Resort Hervey Bay** knitting and craft group have been producing these adorable 'trauma teddies' for the local Urangan Branch of the QCWA. The best part? The teddies have been sent to Indonesia, so that they can be distributed among flood-affected children.

Le dîner en blanc.

Over a year ago, the **Palm Lake Resort Forster Lakes** community was deeply moved by the story of a young boy's brave battle with brain cancer – especially since the young boy's grandparents call the resort home. Immediately, one question was on everyone's lips: 'Le Dîner en Blanc' (a "White Dinner"). The global phenomenon began in Paris in 1988, but has since spread across 85 cities – and now, Palm Lake Resort Forster Lakes. The 'White Dinner Working Group' spent months planning how to bring their vision to life, holding top-secret meetings to plan every last detail, right down to the elaborate white tablescapes. Without those dedicated volunteers crafting floral arrangements, managing entertainment and handling set up and pack down, the night couldn't have taken place – nor been so successful.

AN EVENING
WE WON'T SOON
FORGET!



Cooking for a cause.

Our **Palm Lake Resort Bargara** homeowners regularly join forces with the QCWA Bundaberg Branch members to cook for those in need – and have a lot of fun in the process! Recently, on one day alone, the group cooked enough lasagne and cottage pie to serve 174 people. Thanks for caring for your community, one meal at a time!

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**



Your happy place.



1800 686 096 | truganina@palllake.com.au
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