

AUGUST - SEPTEMBER 2024



The Chat



Raising funds for Wedgetail

Read all about our annual fundraiser for our chosen charity, Wedgetail Retreat

Christmas came early!

We all got together to celebrate the most wonderful time of the year (a little early)

Palm Lake Resort homes for sale

Do you know someone looking to make the move? We might have just the abode for them...



Welcome.



Welcome to the August-September edition of The Chat.

The last few weeks of winter have been cold and wet, but with August coming to a close, we can already feel the promise of warmer days ahead. Now is also the perfect time of year to think about spring cleaning - clearing out those cupboards and reorganising your space can be both refreshing and rewarding. A tidy home is a happy home, after all! Whether you're looking to declutter or just freshen things up, now's the time to start planning your spring cleaning checklist. Imagine welcoming the new season with a beautifully organised home, ready for all the activities spring has to offer.

On another note, we're excited to share that preparations are well underway for the annual Wedgetail Retreat fundraiser. This event is always a highlight on our community calendar, and this year promises to be just as special. The funds raised go towards a truly worthwhile cause, and every contribution makes a difference. Last year, the community's generosity was overwhelming, and the organisers are aiming to surpass that achievement this year.

There's still plenty of time to get involved, whether you're interested in volunteering or offering your talents in another way. Whether you can spare an hour or an afternoon, your support would be greatly appreciated. The success of this event relies on the community coming together, and what better way to spend your time than by giving back and helping those in need?

Until next time,

Bernie Paterson and Suzanne Lacey (pictured)
Palm Lake Resort Tweed River

Contact us.

Looking for more information about Palm Lake Resort Tweed River? Here's how you can reach us:

FREECALL: 1800 881 041

Street address:
2 Barneys Point Road,
Banora Point NSW 2486

Office hours:
9am to 11am, Monday to Friday
(weekends, by appointment)

Email:
tweedriver@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@pall.lake.resort)

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News in brief.

Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).

Get social

Follow Palm Lake Resort on Facebook (@palllakeresort) and also on Instagram (@pall.lake.resort) to see what's happening across our 28 Palm Lake Group locations.



Beautiful, day or night

Thank you to Mandy (Home 37) for capturing the beautiful sunrise and sunset over our beloved Tweed River. See her photos above, and on the front cover of this edition.

Weekly activities list

MONDAY

7am – 1pm Personal gym instructor

7.25am – 8.25am Pool exercises

10.30am – 12.30pm Card making (Hall/Craft Room)

1.30pm – 3pm Line dancing (DVD class)

TUESDAY

7.25am – 8.25am Pool exercises

9am – 12pm Craft morning (Craft Room)

1.30pm – 3pm Bingo (Craft Room)

6pm Meal night (arriving around 5-5.30pm)

WEDNESDAY

7am Golf at Chinderah

7.25am – 8.25am Pool exercises

9am – 9.30am Balance class

9.30am – 10.15am Tai chi (DVD class)

1pm Cards (Library or Lounge)

1.30pm Rummikub

7pm Movie night

THURSDAY

7.25am – 8.25am Pool exercises

9am Yoga (in Sportsman Bar area)

9am – 12pm Bus trip to Tweed City

10.30am – 1pm Art Space

1pm – 4pm 500

1.30pm Mah jong

2pm – 4pm Kelly pool

3.30pm Aqua aerobics

FRIDAY

7.25am – 8.25am Pool exercises

10am – 11.30am Line dancing (DVD class)

5.30pm Occasional Happy Hours

SATURDAY

9am – 9.45am Tai chi (DVD class)



All shook up!

Julie (Home 54) and her friend Carol caught up with Elvis at Cooey Rocks Festival.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Bon voyage, Joe!

Joe (Home 18) is heading off abroad for two months, visiting friends and soaking up European culture. We wish him a lovely trip overseas.



Christmas in July.

WHY WAIT UNTIL DECEMBER TO INDULGE IN SOME FESTIVE FUN? OUR HOMEOWNERS CAME TOGETHER TO ENJOY A WINTER FEAST FOR CHRISTMAS IN JULY.





Let's party - for
a good cause!

EACH YEAR, OUR RESIDENTS COME TOGETHER TO SUPPORT OUR RESORT'S CHARITY OF CHOICE, THE WEDGETAIL RETREAT. HERE'S WHAT'S ON THE AGENDA FOR THIS YEAR'S EVENT...

Several years ago, residents agreed to adopt the Wedgetail Retreat as our 'preferred charity' for fundraising purposes. Wedgetail is located at Dulguigan, nestled in a bush setting above Tumbulgum, and run by Tweed Palliative Support, a community-based charity located here in the Northern Rivers area. They receive no government funding, so all funds to run the retreat come from the community - and from their op shops in Murwillumbah. Apart from the nursing staff, the facility is completely run and supported by volunteers.

A number of our residents have used the facility for palliative or respite care for their loved ones, and we currently have a resident providing hands on volunteer services at the retreat.

Each year a number of residents have come together to plan and run a themed event to raise funds. Each year we have engaged with our residents and their friends to raise increasing amounts, culminating in over \$11,000 last year with our High Tea event held with the support of the Northern Rivers Symphony Orchestra.

Running these events provides an opportunity for the organisers to use their creative flair in terms of decoration, catering, entertainment and other skills to bring it all together. In the past we have welcomed up to 140 residents and guests, and there is usually a waiting list!

This year we will be turning the pages back with a 1950's American diner theme. Expect great food, raffles and an auction to again support this worthy cause. The objective is to once again better the previous year's total!

It will all be happening on Saturday September 21, commencing at 11.30am in our clubhouse. Make sure you come along and support this great cause. Tickets are \$30 each are on sale from July 17, so check the clubhouse noticeboard for details.

See you there!

Gary Knobel (Home 21) on behalf of organising committee

Join the Wedgetail recycling project

Along with the main fundraising event in September, the Residents Committee has been furiously collecting recyclables (bottles and cans) to claim the return. This money earned is being added to the fundraising monies. Do you have bottles and cans to contribute? Separate bins have been placed in the waste collection area and in the Sports Bar. Thank you in advance!



It's all about balance.

Staying fit and stable has never been more fun! Join Gayle (Home 88) every Wednesday morning for balance class, held from 9am to 9:30am in the clubhouse. This lively session is all about enhancing your strength and balance in a supportive and friendly environment. But the fun doesn't stop there! Recently, the class kept the fun going with a delightful lunch outing, and had a cracking time.

We'll be back on the water soon.

The pontoon boat is in for minor repairs, but don't worry! It is being cleaned of barnacles and will have a sparkling new hull shortly.



Clever crafters.

After starting with only three resident crafters 11 years ago, the craft group has grown significantly – often drawing 12 and 15 ladies and seeing many great friendships formed. We decided it was time to put some of our crafts on display and brighten up our room. Although work is still in progress, we invite homeowners to come in and have a look especially at some of the paintings. We have some clever painters in our community!

Jenny (Home 19), Mary (Home 79), Susan (Home 6), Marion (Home 64), Diana (Home 92), Pam (Home 96), Una (Home 9)



Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
YOU CAN FREECALL 1800 881 041, EMAIL TWEEDRIVER@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 69 - \$1,150,000

Beds

2

Bath

2.5

Alfresco

1

Living

2

Garage

1.5



Modern luxury.

This modern, immaculately presented two-bedroom, two bathroom home is available now. Pack up your things and get ready to move in. You will get a dream home in a fantastic location. Located in the popular Palm Lake Resort Tweed River, this gated, secure over-50s community is pet-friendly, with first-class facilities (including a pool, sauna, gym, cinema, craft room and community dining. Features of this property include a spacious open-plan living room, ducted air conditioning, low maintenance garden and bonus attic storage.



Home 59 - \$1,150,000

Beds

2

Bath

2.5

Alfresco

1

Living

2

Garage

1.5



UNDER OFFER

Enjoy life to the full.

The 2-storey, low-maintenance dwelling has 2 king-size bedrooms with open plan living, 2 lounges, high ceilings and an upstairs balcony and downstairs patio with views to the Tweed River. Flow out from the 2nd lounge upstairs to the balcony and enjoy that glass of wine or champagne with friends. The ultra-modern kitchen with central island bar and double stainless-steel sinks, Caesar Stone benchtops, 2-pak soft closing cupboards and drawers, space for a 2-door fridge with water connection, induction hotplate and convection inbuilt microwave.

Home 18 - \$1,250,000

Beds

2

Bath

2

Study

1

Living

1

Garage

1.5



Like being on holiday.

Featuring an immaculate interior and has that clean homely feel. The ultra-modern kitchen with Caesar Stone benchtops, 2-pak soft closing cupboards and drawers, space for a 2-door fridge with water connection, Smeg appliances, Induction Hotplate, Convention inbuilt Microwave and added water filter. The one and a half size garage, that would fit two small cars, has a low maintenance resin floor and entry into the home from the garage through the laundry. There is a rear irrigated garden and side yard that is very low maintenance for clothes drying etc.

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

A man of many talents.

You will have read about Palm Lake Resort Fern Bay's 10th birthday in the current edition of our company magazine, *'This is Your Time'*. While the 10th birthday party was a celebration of the resort as a whole, the unofficial 'man of the hour' was homeowner Steve Carroll. Some 86 years young, Steve wrote two poems about his time at Palm Lake Resort Fern Bay (read aloud at the party by Lloyd Hynd) and completed portraits of event guest speakers Amanda Clements (Palm Lake Group's Executive Manager People & Operations) and Meryl Swanson (Federal Member for Paterson). Both were delighted to receive their portraits at the end of the ceremony.

But Steve's talents don't stop at poetry and portraiture. Having served in four wars, he is passionate about working alongside his fellow veterans



to better the lives of those abroad – particularly in Laos, which is home to 15,000 amputees thanks to landmines leftover from the Vietnam War. Steve began collecting prosthetic limbs from clinics in Australia (discarded because regulations say they can't be reused) and sending them to Laos. For the first five years, he did this on his own dime – which, at around \$700 in postage for three boxes soon added up. More recently, he has linked up with another

veteran in Queensland who helps him send the prosthetics to Laos for free. As part of their local Rotary Club, Steve and his wife Doreen have also taken on impressive fundraisers – namely, a motorbike ride around Australia. They rode 20,000 kilometres, slept on the ground of countless Rotary Clubs and raised \$30,000 for malaria research. Yes, the people of Palm Lake Resort really are very special indeed. Well done, Steve and Doreen.

Sharing a cuppa, for charity.

Right across our 27 Palm Lake Resort addresses, we bet there's a jug boiling right now! Coming together over a piping hot cup of tea or a reinvigorating mug of coffee is what we all love best. It's not so much the drink itself as it is the enjoyment when the moment is shared with friends, family and likeminded neighbours. So, it's little wonder why the Cancer Council's annual 'Biggest Morning Tea' fundraiser seems to strike a chord across all our resorts, year after year. Not only do we all know someone who has been affected by cancer, we know that supporting a worthy cause like this will support the future of cancer research and patient care. And to do it by sharing a cuppa? Too easy!

At the time of printing this newsletter, more than \$14 million has been raised across Australia at Biggest Morning Tea events in 2024 alone. Here are just some of the fundraising results we've seen across our own Palm Lake Resort addresses that helped to raise that \$14 million total figure:

- **Banora Point:** \$1700
- **Bargara:** \$5138
- **Beachmere Sands:** \$5977
- **Carindale:** \$2906
- **Cooroy-Noosa:** \$1000
- **Eagleby:** \$6000
- **Forster Lakes:** \$8000
- **Mt Warren Park:** \$2000
- **Phillip Island:** \$2272
- **Truganina:** \$2320
- **Upper Coomera:** \$1790
- **Waterford:** \$1700
- **Willow Lodge:** \$3500 (pictured, right)

**\$44,300+
RAISED FOR
CANCER RESEARCH
WITH THANKS
TO PALM LAKE
PEOPLE!**



Our Thelma reigns supreme.

When it comes to volunteering, there's one Palm Lake Resort homeowner who is quite literally top of the pops - and that's Thelma Hansen of Willow Lodge. Thelma has been at the resort since 2000 and has clocked up 23 years of volunteer work in that time. While this queen of volunteering is 95 years young, she's quite happily living on her own and heading to The Lodge Country Club on Tuesday and Saturday mornings each week to lend a helping hand. Thelma is a true inspiration, selflessly giving back to her community for more than two decades, which is why she's the inaugural winner of her resort's new Volunteer Recognition prize. Keep up the great work, Thelma! We appreciate you.

Green and gold for grandie.

There was one especially proud Palm Lake Resort Tweed River homeowner with her eyes glued to the television during the 2024 Olympic Games. Laurie Galloway's granddaughter, Kaitlyn Torpey (pictured right), was selected to play for the Australian Matilda's soccer team at the Paris Olympics. Well done to Kaitlyn and the team!



What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Are you and your neighbours doing something special that you're proud of - and you know we'd be proud of too? We'd love to hear from you.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

Where friends become family



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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au