

AUGUST-SEPTEMBER 2025



The Chat



Cruisin' through Cooly

Catch up on all the fun one of our residents had during Cooly Rocks On!

Tons of festive fun

Our homeowners got into the Christmas spirit this July - see what happened, inside...

Refer a friend, earn a reward

Do you know someone looking to move here? Refer them for a cash reward



Welcome.



As we continue through the cool, crisp days of late winter here in beautiful northern New South Wales, it's the perfect time to slow down, rug up, and enjoy the simple pleasures – warm drinks, shared stories, and a stroll through the gardens as they quietly prepare for spring. There's still a chill in the air, but the sunlight is starting to stretch a little longer each day, reminding us that a new season is just around the corner.

You may have noticed fresh mulch being laid throughout the community gardens over the past few weeks. This re-mulching helps keep soil temperatures stable through the cooler weather, retains moisture and adds a tidy, refreshed look to our outdoor spaces. It's part of our ongoing efforts to keep the resort looking its best and to prepare for the vibrant growth ahead.

We're also very pleased to welcome Corbin, our new part-time groundsman, to the team. Corbin has already hit the ground running, working closely with us to enhance the gardens, tidy up common areas, and carry out important seasonal maintenance. The results are starting to show, and we're really proud of the progress we've been making together. Thanks to everyone who's shared kind words and encouragement!

You'll also notice some shrubs and hedges have been given a heavier prune recently – this is part of a rejuvenation plan to promote fuller, healthier growth heading into spring. As always, any herbicide treatments will be marked with blue dye so you can easily identify sprayed areas and keep pets safe.

Inside this issue, you'll find updates from around the resort, upcoming activities to look forward to, and handy tips for staying healthy and engaged as we enjoy these final weeks of winter.

Thanks again for all your warmth and support – Xavi and I are loving our time here and can't wait to share the season ahead with you.

Keep warm and take care,

Jordan Paix and Suzanne Lacey
Palm Lake Resort Tweed River

Contact us.

Looking for more information about Palm Lake Resort Tweed River? Here's how you can reach us:

FREECALL: 1800 881 041

Street address:
2 Barneys Point Road,
Banora Point NSW 2486

Office hours:
9am to 11am, Monday to Friday
(weekends, by appointment)

Email:
tweedriver@pallmlake.com.au

Find us online at:
pallmlakeresort.com.au

Get social:
Follow us on Facebook
(@pallmlakeresort) and on
Instagram (@pallml.lake.resort)

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News in brief.

Resort maintenance

Palm Lake have ticked off a few big-ticket items in recent months, including repair to the Clubhouse roof and replacement of ceiling in the ladies upstairs toilet, where water had gained access, replacement of the Clubhouse entry roof and removal of the riverside tree that had fallen in the last weather event.



Get social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @pallmlakeresort
Instagram: @pallml.lake.resort

Don't forget to check your speed

Please remember the speed limit around our community is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Refer your friends!

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Tweed River home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.

Residents' Committee

A new Residents' Committee was elected earlier in the year: David Oelrichs is the new chairperson, Yvonne Turner is the returning secretary, Amanda Fish the new treasurer and Pam Sullivan, Roz Hayes and Jeanette Oelrichs are our committee members. Thank you to you all for your role in making our community even better, and to our former committee members for your hard work!



Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).

We want to hear from you!

Whether it's photos from a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions of this newsletter.



Christmas in July.

WHO SAYS CHRISTMAS ONLY COMES ONCE A YEAR? CATCH UP ON OUR MID-YEAR FESTIVITIES...

Though there are competing accounts of its official origins, the term 'Christmas in July' is said to have begun in 1980. As the story goes, it was coined by Irish tourists in the Blue Mountains who wanted to recreate the festivities they loved so much in the northern hemisphere. Businesses quickly adopted this concept and began hosting themed events, with special offers to add even more festive cheer.

Today, Christmas in July is an opportunity to enjoy the more traditional festivities we don't get to partake in during December - cosy gatherings, warm drinks and wintery decorations included.

It was an extra special occasion this year as some residents received quilts from Quilts of Valour Australia (QOVA). This organisation provides handmade quilts to Australian Defence Force personnel and veterans to honour them for their service, sacrifice and valour to their country. QOVA relies on the support of volunteers, quilting groups and individuals to create and donate quilts. They also receive monetary donations to support their work.

Val (Home 33) organised for representatives of QOVA to attend our resort and present the quilts over two resident dinners. The well-deserved recipients were; Richard (Home 99), Peter (Home 33), Chris (Home 74), Gordon (Home 81), David and Sue (Home 86), Wally (deceased) (Home 91), Kevin and Yvonne (Home 13), John (Home 41), Lance (Home 58), Lyndon (Home 82) and Richard (Home 57).



Meet your neighbour.

MOST CHOOSE TO MOVE INTO A PALM LAKE RESORT TWEED RIVER HOME TO ENJOY THEIR RETIREMENT. BUT NOT ANNE READING...



She's one of the rare homeowners – not only at Tweed River, but throughout Palm Lake Resort's many locations – who still works, and she wouldn't have it any other way.

Even after decades of nursing – first as a children's nurse, and now for a disability support service – Anne still enjoys working three days a week.

"I'm 73, but I can't stop," she says. "I just love work. It's very rewarding."

Anne was born and raised in Manly, and Sydney was also where her nursing career began. She then spent 15 years living in Wagga Wagga – not only nursing, but also raising her five children.

Eventually, the coast beckoned her back, and Anne chose Kingscliff as the perfect place to call home.

"One of my children moved up here, and then more and more of them followed," she says. "Now four of them live close by – along with eight of my grandchildren. Only one is still down south in Terrigal."

Between babysitting her grandchildren and working as a nurse, Anne's hands are always full.

In her scarce downtime, you'll find her playing at the card tables in the clubhouse (500, specifically – she's always looking for more competitors to take on) or catching up with her neighbours over resort dinners and Happy Hours. Though it was her house and the riverside location that sold Anne on Palm Lake Resort Tweed River, she says these aspects – the people, the activities – were an unexpected bonus.

"I'm on my feet a lot at work, so I enjoy these opportunities to relax," Anne says. "Having so many activities on offer will be good in retirement... if that day ever comes!"

Pictured above: Anne enjoying a river cruise aboard our resort's boat.

Weekly activities list.

MONDAY

7am – 1pm Personal gym instructor
7.25am – 8.25am Pool exercises
10.30am – 12.30pm Card making (Hall/Craft Room)
1.30pm – 3pm Line dancing (DVD class)

TUESDAY

7.25am – 8.25am Pool exercises
9am – 12pm Craft morning (Craft Room)
1.30pm – 3pm Bingo (Craft Room)
6pm Meal night (arriving around 5-5.30pm)

WEDNESDAY

7am Golf at Chinderah
7.25am – 8.25am Pool exercises
9am – 9.30am Balance class
9.30am – 10.15am Tai chi (DVD class)
1pm Cards (Library or Lounge)
1.30pm Rummikub
7pm Movie night

THURSDAY

7.25am – 8.25am Pool exercises
9am Yoga (in Sportsman Bar area)
9am – 12pm Bus trip to Tweed City
1pm – 4pm 500
1.30pm Mah jong
2pm – 4pm Kelly pool
3.30pm Aqua aerobics

FRIDAY

7.25am – 8.25am Pool exercises
9.30am – 11.30am Art Space
10am – 11.30am Line dancing (DVD class)
5.30pm Occasional Happy Hours

SATURDAY

9am – 9.45am Tai chi (DVD class)



Breakfast of champions

Recently, the Residents' Committee organised a community breakfast for our residents. The barbeque was ably manned by Peter (Home 33) and Kevin (Home 13), a selection of delicious food was served, and everyone had a great time.



Cooly Rocks!

THIS YEAR'S 'COOLY ROCKS ON' FESTIVAL – A CELEBRATION OF MOTORS, MUSIC, AND THE LIFESTYLE OF YESTERYEAR – TOOK PLACE FROM JUNE 4 TO 8.

The festival included the Show 'N' Shine, presented by Autoglym, with over 900 classic cars, hot rods and motorcycles, plus a zone dedicated to '80's cars from 1980-1985. Two car runs were also held with options for both pre-1985 and post-1985 vehicles.

There was also live music and dancing (rock 'n' roll, swing, rockabilly) and various ticketed experiences, like Feature Shows, the Cooly Rocks On Preliminary Ultimate Elvis Tribute Artist Contest, and the Moonlight Swing Dance.

One of our residents Lyndon (Home 82) took part in both the music and car elements, playing with his band Shadoogie and showing off his hot rod in the Show 'N' Shine.



Our friends return.

EACH YEAR FROM JUNE TO NOVEMBER, THOUSANDS OF HUMPBACK WHALES MAKE THEIR WAY ALONG AUSTRALIA'S EAST COAST, MIGRATING BETWEEN THEIR ANTARCTIC FEEDING GROUNDS AND THE WARMER WATERS OF QUEENSLAND. IT'S A SPECTACULAR NATURAL EVENT – AND IF YOU LIVE AT A PALM LAKE RESORT, CHANCES ARE YOU'RE RIGHT ON (OR VERY CLOSE BY) THE HUMPBACK HIGHWAY.

Whether you're watching from a scenic headland or hopping aboard a whale-watching cruise, there's nothing quite like spotting the flick of a whale's tail or a mighty breach out at sea. And while you might be familiar with your local whale watching vantage point, why not get out and about this season and try a new spot? A little bit like a pub crawl, you could use the season to visit a bunch of different wonderful coastal locales with your binoculars, and take in the whales from a variety of great viewing destinations.

Some of the best places to catch a glimpse of these gentle giants include **Hervey Bay** in Queensland, where the calm, protected waters offer rare opportunities to see whales up close as they rest and play with their calves. Peak viewing here is from July to October, and the town celebrates with its annual Whale Festival. On August 7, 9 and 10, enjoy a vibrant festival of live music, food and community spirit. For more, visit herveybaywhalefestival.com.au

In New South Wales, the headland at **Port Macquarie's** Tacking Point Lighthouse provides excellent vantage points from May through November. **Byron Bay**, Australia's most easterly point, is another top spot – especially at sunrise or on still, clear mornings when the ocean surface is calm and whales are more active. Further south, **Coffs Harbour's** Muttonbird Island and the surrounding Solitary Islands Marine Park offer both land and boat-based viewing opportunities.

Even in Victoria, you're not missing out. **Phillip Island**, with lookouts at the Nobbies and Pyramid Rock, offers sightings during both legs of the migration, with June and July being the best months for viewing.

When it comes to timing, mornings and early afternoons are ideal, particularly on calm, sunny days. Whales are often more active during these hours, so you may be lucky enough to spot a breach, a tail slap, or the telltale spout of air as they rise to the surface to breathe.

To stay updated on the latest whale sightings, keep an eye on local coastal Facebook groups and tour operator pages, many of which share daily updates and photos. The **Wild About Whales** website and app, run by NSW National Parks, is another great resource, offering real-time sighting reports and maps.

Whether you're a seasoned spotter or a first-time enthusiast, whale watching is a reminder of just how special it is to live by the sea. So pour a cuppa, grab a pair of binoculars, and settle in – nature's grandest show is passing right by your doorstep now. Enjoy it!



Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
YOU CAN FREECALL 1800 881 041, EMAIL TWEEDRIVER@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 50 - \$995,000

Beds

2

Bath

2.5

Alfresco

1

Living

2

Garage

1.5

UNDER OFFER

Low maintenance living.

Step into refined, resort-style living in this impeccably crafted, low-maintenance home that offers both luxury and comfort. The ground level welcomes you with a sleek, contemporary kitchen featuring a central island, flowing into a light-filled open-plan living and dining area. The spacious main bedroom offers a peaceful retreat with its stylish walk-in robe and sophisticated ensuite. A separate powder room ensures added privacy and convenience for your guests. Upstairs, the second bedroom boasts a large ensuite and breathtaking water views.



Home 5 - \$995,000

Beds

3

Bath

2

Alfresco

1

Living

1

Garage

1.5

SOLD

Everything you need.

In your new Palm Lake Resort Tweed River home, you can enjoy life to the fullest - without having to leave your beautiful resort, or its idyllic surroundings. It's like being on holiday, every single day.

This single-storey home features two generously sized bedrooms, plus a third bedroom or office. It's a low-maintenance dwelling with spacious open plan living, a comfortable lounge room, high ceilings and private enclosed patio.

The backyard is large enough for a garden, or for your fur baby to run.



Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Cheers to the success of caffeinated charity event

There's one charitable fundraising event that seems to pique the interest of our Palm Lake Resort homeowners more than others, and that's Australia's Biggest Morning Tea. This annual fundraiser is hosted by the Cancer Council to help support people affected by cancer. Held each May, the event invites individuals, workplaces, schools and communities (like ours) across the country to come together over a cuppa and a bite to eat while raising vital funds for cancer research, prevention and support services. Every dollar raised goes towards funding world-class research, running life-saving prevention programs and offering essential support for Australians impacted by cancer. One in two Aussies will be diagnosed with cancer by age 85, making the Cancer Council's work more important than ever.

Pictured right, from top down, our Carindale Caretaker, Wayne raised \$200 by 'raffling' his beard! Yamba resort hosted a vibrant Madhatters' Tea Party with some great costumes. Waterford's event saw a fashion parade combined with a lovely spread of delicious goodies. And down at Willow Lodge, The Lodge Country Club hosted a great event with many donated prizes raffled to add to the final tally. Here's a little snapshot of some of the results of Palm Lake Resort fundraisers across our group, totalling more than \$47,000 so far!

- Banora Point: \$3133
- Bargara: \$4215
- Beachmere Sands: \$3260
- Carindale: \$3500
- Cooroy-Noosa: \$2107
- Eagleby: \$5000
- Forster Lakes: \$10,250 (an incredible result for an event organised by homeowner, Lyn Wootten!)
- Mt Warren Park: \$2500
- Phillip Island: \$2303
- Truganina: \$1750
- Waterford: \$3000
- Willow Lodge: \$3745
- Yamba: \$2265



Caloundra: \$8K for The Salvos

Following two outstanding fundraisers in recent months, Caloundra Cay homeowners have seemingly, and resoundingly, adopted The Salvation Army as their charity of choice. Their most recent event, tagged the 'Give Back Dinner', raised \$8050 for the Salvos, with the funds to stay on the Sunshine Coast in support of a project named 'Family Pathways'. This epic result followed the donation of 81 Christmas hampers by Caloundra Cay residents back in December, which were distributed to needy Sunshine Coast families. Chief organiser of the Give Back Dinner, homeowner Bernie, described the event as "an outstanding success". "We had 63 attendees, and our goal was to raise \$5000," he said. "The end result was \$8050, an amount which was far beyond our expectations. And while the fundraiser, as such, was a huge success, the night of entertainment was also incredible."



THANK YOU
TO ALL OUR
VOLUNTEERS

We heart resort helpers

Palm Lake Resort Ballina recently celebrated three remarkable people whose dedication and community spirit have changed this resort for the better. Beryl Boness, Stan Peck and Keith Johnson have each contributed more than 10 years of volunteer service, as part of the resort's beloved Cinema Group. Beryl and Stan were among the founding members of the group, which has spread the joy of the silver screen through its regular 'Movie Wednesdays' and 'Saturday Night at the Movies' events. Their vision and commitment helped shape a much-loved tradition at the resort. Beyond their cinematic contributions, all three have supported fellow community members in creating and sustaining a variety of other special interest groups. Their efforts have helped create connection, creativity and countless memorable evenings for all who call this resort home. The resort wouldn't be the same without you three!

Carindale marks 25 years

Palm Lake Resort Carindale is hosting a lovely celebration in July - the 25th anniversary of its ownership under the Palm Lake Resort banner. Many nostalgic photos have been dug up out of the archives for the planned event, by a very engaged group of homeowner history buffs. Among them are the two photos pictured right featuring a young Palm Lake Group MD Scott Elliott from the early 2000s! We wish the homeowners and resort management team the best for a lovely event.



Yamba homeowner quilter named best in show

The recent Maclean Show saw the crowning of our very own Palm Lake Resort Yamba homeowner, Wendy Flitcroft, as Champion Overall. It's a prestigious title for Wendy who received the commendation based on her creative handicraft. Wendy's work is known for its intricacy and striking detail. Congratulations Wendy. Given the high number of creative crafters and fellow artisans across our Palm Lake Resort network, we are all very proud of you!

Tell us what's happening over your back fence

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too? We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**



This is your time
to embrace more.



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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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