

The Chat.

DECEMBER 2023 - JANUARY 2024



Off and racing

Catch up on the fun, fashion and friendly competition of our recent Melbourne Cup Day festivities on Pages 6-7.

Local legends

Our homeowners are a charitable bunch. Recently, they held a huge fundraiser in support of Wedgetail Retreat.





Welcome.



It's been a jam-packed couple of months here at Palm Lake Resort Tweed River, and it's only getting busier as we head into the Christmas holiday period.

We have had some big events here at the resort, including a successful fundraiser for the Wedgetail Retreat and, of course, our wonderful Melbourne Cup Day party. Our homeowners did themselves proud, putting in an enormous amount of time and effort to organise both events.

Their hard work shows in the huge amount of money they raised for the Wedgetail Retreat. Well done to all involved in that event in particular - you have made a big difference to this important local charity. Read all about it on Pages 4 and 5.

The catered Melbourne Cup lunch put on by the Residents' Committee was wonderfully received by all in attendance. Everyone looked very elegant and dapper in their Sunday best. We hope that someone backed a winner and went home with a bit of extra cash in their pocket!

Tweed Valley Wildlife Carers have been out to the resort twice in the last couple of months - one time to help rescue a stranded cormorant, the other an injured bush turkey. What a fantastic job their volunteers do caring for local wildlife.

Christmas is just around the corner and everyone is looking forward to celebrating with family and friends. A reminder that the homeowners' Christmas dinner will be on Tuesday 19 December this year. This is always a very fun event, and a great way to spend some quality time with your neighbours before everyone departs for Christmas holidays or is busy hosting visiting family.

Wishing everyone a happy and safe Christmas!

Until next time,

Bernie Paterson and Suzanne Lacey (pictured)
Palm Lake Resort Tweed River

CONTACT US

Looking for more information about Palm Lake Resort Tweed River? Here's how you can reach us:

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Find us online at:
pallmlakeresort.com.au

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Follow us on Facebook
(@pallmlakeresort) and on
Instagram (@pallml.lake.resort)

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News briefs.



MOON RIVER

This beautiful photo was taken by Mandy (Home 37) on the night of September 29, 2023.

NEW ACTIVITIES

Two new activities have been added to our extensive 'Weekly Activities' list (which you can find on Page 6). They are:

Thursday 1pm - 4pm Cards
'500' facilitated by Jeff
(Home 6)

Friday 9.30am - 11.30am Art
Space facilitated by Rhonda
(Home 72)

WELCOME, IOURI!

We welcomed a new contract chef to our resort recently. Hailing from Russia, Iouri has impressed the homeowners with his culinary skills.



SEEING GREEN

On Monday October 30, 17 Palm Lake Resort Tweed River homeowners enjoyed a golf outing at the beautiful (and challenging) course at Murwillumbah. The women proved too good for the men, and the eventual winners were: Lyn Strutt (Home 11) first place with 38 points; Rhonda Martin (Home 78) second place with 37 points; and Colleen Kelly (Home 63) third place with 37 points. Minor prizes went to Bevan Godwin (Home 66), Diana Kennaugh (Home 92), Graeme Kemp (Home 89), Max Sladden (Home 52), Lyndon Lewis (Home 82) and the encouragement award going to Pete Connell (Home 33). Many thanks to our bus driver Steve Dykes (Home 68) and to the Social Club for donating the golf balls. The day was most successful, and they look forward to returning in 2024.

Lyndon (Home 82), Bevan (Home 66), Steve (Home 68), Robert (Home 49) and Colleen (Home 63)



YOUR SUMMER READ HAS ARRIVED

The next edition of our company magazine, Your Time, is hot off the press for Summer 2023-24. In it, we keep you up to date on all things Palm Lake Group including progress on our newest communities at Yamba Cove, Pelican Waters, Forster Lakes, Paynesville and more. Did you also hear that we won two statewide construction industry awards? We're proud of the communities we build and manage - and with 10,000 people calling a Palm Lake address home, there's a lot of news from around the grounds. Get your copy in your letterbox, or you can also read it online at pallmlakeresort.com.au



Do good, feel good.

OUR HOMEOWNERS ARE A CHARITABLE BUNCH - ESPECIALLY WHEN IT COMES TO THEIR CHOSEN CAUSE, THE WEDGETAIL RETREAT. THEY WERE DELIGHTED TO MAKE A LARGE DONATION TO THIS LOCAL HOSPICE AND PALLIATIVE CARE SERVICE AFTER THEIR RECENT FUNDRAISER...

Words by Gary Knobel, event MC...

On Saturday September 16, the Tweed River Resort Clubhouse welcomed 150 homeowners and guests for a stunning High Tea to raise funds for Tweed Palliative Support and the Wedgetail Retreat.

The clubhouse looked more like a fashionable hotel lounge reminiscent of The Ritz in London or The Peninsular Hotel in Hong Kong as fantastic multi-level platters of cakes, scones and savoury treats were prepared and served by our fantastic volunteers. The decorating theme was Art Deco with innovative wall and table decorations to match.

We were thrilled to be joined by 15 musicians from the Northern Rivers Symphony Orchestra who gave of their time and musical talent to present a stunning classical string concert of popular classics and opera and piano solos which lifted the spirits of all who attended, and the "Symphony Bar" was very popular!

High Tea was followed by raffles and a lively auction of

kindly donated items resulting in over \$11,000 being raised for Wedgetail which included a kind donation from our Residents Committee plus refunds for bottle and can recycling from throughout the year. This was much more than previously raised at our annual fundraiser events and much appreciated by Meridith Dennis and her Committee at Wedgetail Retreat.

As well as attendees "dressing up" for the event, several homeowners also modelled elegant pre-loved fashions which, to guests' surprise, had been purchased for just a few dollars each from the Wedgetail Op. Shop in Murwillumbah!

In addition to being an enjoyable day with a great financial outcome, the High Tea also provided a great opportunity for our homeowners to join forces and exercise their creative talents – both in the kitchen and in the Clubhouse.

Well done everyone!

Photos: Mary (Home 93) and Lyndon (Home 82)



Weekly activities list.

MONDAY

7am – 1pm Personal gym instructor

7.25am – 8.25am Pool exercises

10.30am – 12.30pm Card making (Hall/Craft Room)

1.30pm – 3pm Line dancing (DVD class)

TUESDAY

7.25am – 8.25am Pool exercises

9am – 12pm Craft morning (Craft Room)

1.30pm – 3pm Bingo (Craft Room)

6pm Meal night (arriving around 5-5.30pm)

WEDNESDAY

7am Golf at Chinderah

7.25am – 8.25am Pool exercises

9am – 9.30am Balance class

9.30am – 10.15am Tai chi (DVD class)

1pm Cards (Library or Lounge)

1.30pm Rummikub

7pm Movie night

THURSDAY

7.25am – 8.25am Pool exercises

9am Yoga (in Sportsman Bar area)

9am – 12pm Bus trip to Tweed City

1.30pm Mah jong

1pm – 4pm 500

2pm – 4pm Kelly pool

3.30pm Aqua aerobics

FRIDAY

7.25am – 8.25am Pool exercises

9.30am – 11.30am Art Space

10am – 11.30am Line dancing (DVD class)

5.30pm Occasional Happy Hours

SATURDAY

9am – 9.45am Tai chi (DVD class)

Fun and fashion on Melbourne Cup Day.

Palm Lake Resort Tweed River was the place to be on Melbourne Cup Day. Homeowners all came together to enjoy a catered lunch, which was expertly organised by the Residents' Committee.

Everybody was dressed up in their best Cup Day looks, with fine fashions and fascinators as far as the eye could see.

Pictured below: John and Renee (Home 67) looking very smart in their fascinators.

Pictured right, clockwise from top:

- Renato (Home 95), Jeff (Home 83), Pauline (Home 83) and Zelma (Home 95)
- Kerry (Home 82), Kim (Home 61), Glenda (Home 76) and Renee (Home 67)
- Sue (Home 39), Robyn (Home 85) and Barry (Home 39)
- Mary (Home 3), Robert (Home 49), Marion (Home 64), Zelma (Home 95), Renato (Home 95) and Lance (Home 58)
- Vicki (Home 57) and Laurie (Home 46)
- Colleen (Home 63), Gary (Home 21) and Jacqui, guest of Sue (Home 45)



Residents to the rescue.

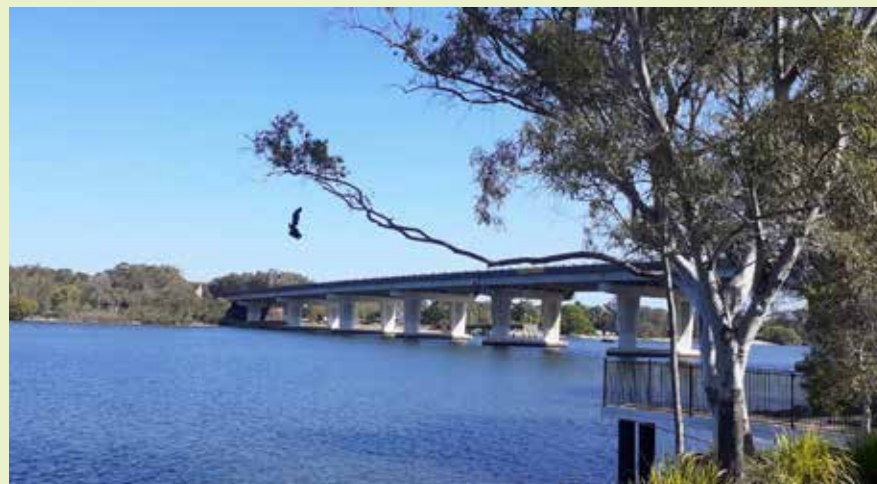
LIVING AMONG SUCH BEAUTIFUL NATURAL SCENERY MEANS, SOMETIMES, WE'RE ALSO CALLED TO PROTECT IT. THAT'S EXACTLY WHAT OUR HOMEOWNERS DID RECENTLY, WHEN TWO BIRDS NEEDED RESCUING...

CORMORANT

A homeowner noticed a cormorant suspended from a tree branch (pictured below). It must have flown into a fishing line in the tree branch and become stuck. A homeowner called Tweed Valley Wildlife Carers who - with the help of the residents, who provided an extension ladder - cut the limb off with a chainsaw. When the limb fell into the water, the carer waded in waist deep and gathered the bird into a net. The cormorant was then taken away for examination by the vet at Tweed Valley Wildlife Carers. Thank you to the homeowners who helped out.

BUSH TURKEY

We arrived one morning to find an injured bush turkey in the visitors' car park between the office and the front resort wall. We once again called the Tweed Valley Wildlife Carers, and a volunteer came and took it to the local vet. It was the volunteer's first rescue and he did a great job.



How (and why) to start a worm farm.

IT'S LIKELY THE SMALLEST KIND OF 'FARM' YOU COULD OWN, BUT DON'T LET ITS SIZE DECEIVE YOU – A WORM FARM IS THE SECRET TO GARDENING SUCCESS. AND IT'S SERIOUSLY EASY TO SET UP!

Similar to compost bins, worm farms help break down food waste and turn it into nourishing fertiliser for your garden. They typically look like a bin or bucket and may be stored outside or in the kitchen.

Unlike traditional compost, worms help to mix layers of soil together. They do this by burrowing under the ground and making tunnels, breaking down dead plants and flowers in the process. They also love eating dead leaves, plants, flowers and old fruit and vegetables – the waste they create (called 'castings') mixes with the soil to create a garden fertiliser that your plants will love.

The official term for worm farming is 'vermiculture', and worm farms may also be called wormeries or vermicomposting. These terms can be helpful to keep in mind when learning more about worm farms.

But why should you set up a worm farm? A better question might be: why not?! For one, they're a great way to get rid of organic food waste in a sustainable way, rather than sending it to landfill where it releases methane gas as it breaks down. Worms can eat three to four kilograms of organic kitchen waste every week, which is a lot of waste saved from landfill.

The worm castings and 'worm tea' (a liquid made from worm urine) are also budget-friendly, sustainable plant fertilisers. They will nourish your vegetable, flower and herb gardens, helping you grow your own produce – which, in turn, reduces the plastic waste and transport emissions that are created when you buy produce at supermarkets. If you're looking to establish small yet sustainable habits in your own garden, a worm farm is the perfect place to start.



SETTING UP YOUR WORM FARM

There are many ready-made worm farms to choose from, but you may also want to make your own. They're very easy to set up.

You'll need: two containers (a larger one with a lid to catch the waste, and a smaller one to house the worms and soil); enough shredded paper and compost to create a 10cm layer in your smaller container; water; a knife or other instrument to poke holes in one of the containers; and last but not least, worms.

1. Find a warm, shady spot to set up your worm farm
2. Put the larger container on the ground
3. Poke several holes in the smaller container
4. In the smaller container, create a 10-centimetre-deep layer of shredded paper and compost
5. Gently add water so the layer is moist, then gently add the compost worms
6. Add food scraps for the worms to feed on
7. Close the lid and wait about a week while your worms settle into their new home

Remember: Not all food scraps are good for worms. Try to only feed them fruits, vegetables, coffee grounds and tea bags, egg shells and shredded paper. Avoid citrus fruits, onions, capsicums, leeks and garlic, meat, dairy products, pasta, cereals and shiny, coated paper.

THE PERFECT
ACTIVITY FOR THE
GRANDKIDS!

Homes for sale.

Home 5 - \$1,250,000



Beds
3



Bath
2



Living
1



Garage
2

Like being on holiday.

Enjoy life to the full without having to leave your beautiful resort. This single storey home has two king-size bedrooms plus a third bedroom (or office). It's a low-maintenance dwelling with spacious open plan living, lounge, high ceilings and patio. The modern kitchen has a double stainless-steel sink, Caesar Stone bench tops, 2-Pak soft closing cupboards and drawers, space for a two-door fridge, induction hotplate and microwave. The main double bedroom has a walk-in robe and ensuite with double basins. The second bedroom is big enough to be another main king-size bedroom. The double garage has entry into the home through the laundry.



CASH BUYERS AWAIT.

LISTINGS WANTED

Word has spread about our secure resort grounds, low-maintenance/high-quality homes, world-class facilities, myriad weekly activities and welcoming coastal community - so much so, we have a record number of buyers looking to purchase at Palm Lake Resort Tweed River.

If you're a homeowner here and your situation has changed, call our Sales Team for a free market appraisal. We have qualified buyers waiting to hear about any new homes as they hit the market. To find out more, FREECALL 1800 881 041 or stop by the Sales and Information Centre anytime from 9am-3pm, Monday-Friday.

COMMISSION-FREE TRANSITION

Did you know that if you are a resident of any Palm Lake Resort and relocate to a new home in a different Palm Lake Resort location, you won't pay any agent's commission on the sale of your original Palm Lake Resort home?



Marketing and advertising services include:

- Professional photography of your home
- Listing on realestate.com.au
- Listing on Palm Lake Resort website
- Presented in our sales newsletter
- Printed professional flyers included in our information packs
- Homes for sale emailed to potential buyers on our database

ONLY
\$550

Want to book a private tour and find out more about our resort? FREECALL 1800 881 041 or email tweedriver@palllake.com.au or visit us online at palllakeresort.com.au



10,000 REASONS TO CELEBRATE

With more than 46 years' history and properties right along Australia's east coast, did you know that 10,000 likeminded people call a Palm Lake Group address home? Come join our 10,000-strong community in 2023. We welcome you home.



FREECALL 1800 881 041 | tweedriver@palllake.com.au
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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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