

The Chat



Colour your world trendy

The results are in and the experts are telling us there's a trendy new colour in town...

So much festive fun

From (two!) Christmas dinners to New Year's Eve, our resort was busy these holidays

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

Happy 2025, and welcome to the first official edition of The Chat for this year. I would like to take this opportunity to wish each of you wonderful blessings for this New Year.

“May peace fill your world,

May love fill your home,

With contentment and happiness too.

In wonderful ways,

May this year of new days

Be filled with sweet blessings for you.’

Now that Christmas has been and gone, we are looking forward to celebrating our loved ones on Valentines Day. Don’t forget to hug someone special and if you know someone who doesn’t have anyone special in their lives, give them a hug too. With their permission of course!

I would like to express my deepest gratitude for the invaluable contribution made by our resident volunteers towards making the resort a hive of activity. These activities help bring like-minded people together with bonds made for life. Your efforts play a pivotal role in the success of Palm Lake Resort Tweed River as a community.

Please enjoy flipping through this newsletter and catching up on just some of the fun we’ve been having. If you would like to contribute to the next edition, please email content through to me!

Until next time,

Suzanne Lacey
Palm Lake Resort Tweed River



Contact us.

Looking for more information about Palm Lake Resort Tweed River? Here’s how you can reach us:

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Get social:
Follow us on Facebook
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News in brief.

Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).

Don't forget to check your speed

Please remember the speed limit around our community is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Fun out on the water

A group of residents recently took the pontoon boat out for a spin, stopping for lunch at one of the Tweed’s many fabulous restaurants. How good is life here in the Tweed River region?

Get social

Follow Palm Lake Resort on Facebook (@palllakeresort) and also on Instagram (@pall.lake.resort) to see what’s happening across our 28 Palm Lake Group locations.



Winter wonderland

Neil and Mez (Home 48) showed off their fantastic Christmas display - and to say it was amazing is an understatement! How much would the grandchildren love this?



Weekly activities list

MONDAY

7am – 1pm Personal gym instructor
7.25am – 8.25am Pool exercises
10.30am – 12.30pm Card making (Hall/Craft Room)
1.30pm – 3pm Line dancing (DVD class)

TUESDAY

7.25am – 8.25am Pool exercises
9am – 12pm Craft morning (Craft Room)
1.30pm – 3pm Bingo (Craft Room)
6pm Meal night (arriving around 5-5.30pm)

WEDNESDAY

7am Golf at Chinderah
7.25am – 8.25am Pool exercises
9am – 9.30am Balance class
9.30am – 10.15am Tai chi (DVD class)
1pm Cards (Library or Lounge)
1.30pm Rummikub
7pm Movie night

THURSDAY

7.25am – 8.25am Pool exercises
9am Yoga (in Sportsman Bar area)
9am – 12pm Bus trip to Tweed City
10.30am – 1pm Art Space
1pm – 4pm 500
1.30pm Mah jong
2pm – 4pm Kelly pool
3.30pm Aqua aerobics

FRIDAY

7.25am – 8.25am Pool exercises
10am – 11.30am Line dancing (DVD class)
5.30pm Occasional Happy Hours

SATURDAY

9am – 9.45am Tai chi (DVD class)

Festive feasts.

WE HAD NOT ONE, BUT TWO GREAT EXCUSES TO COME TOGETHER AND CELEBRATE THE FESTIVE SEASON.

Two successful Christmas dinners took place at Palm Lake Resort Tweed River over the holiday period. One was organised by Palm Lake Resort prior to Christmas, and the other by the Residents Committee on Christmas Day. How lucky are our homeowners! There was lots of yummy food on offer, as well as plenty of joy and merriment had by everyone.



Singing our hearts out.

OUR RESORT LOVES COMING TOGETHER TO DO SO MANY THINGS - KARAOKE, CHIEF AMONG THEM!



Around the grounds.

CATCH UP ALL THE FUN THAT'S BEEN HAPPENING AROUND OUR RESORT OVER THE PAST FEW MONTHS.



We're back on the water!

After a long wait – but with all paperwork, insurance and training now in place – the residents were able to take the Quintrex boat out for a spin over Christmas and the New Year. Better yet, they could park it on the newly installed floating dock. Well done to everyone involved in the organization, installation, set up, training and practice.



Celebrating a great year of wellness!

The ladies of the balance and tai chi classes had a morning tea recently, coming together to celebrate the hard work of the resident facilitators, Gayle Dobson and Pamela Neave, and the start of another year. There is a great turnout by residents for these exercises, and we look forward to another great year!



Ring in the New Year

We had so much fun celebrating New Year's Eve and ringing in 2025! Thank you to all involved in organising such a special night.



Pictured clockwise from top left:

1. Liriel linen/cotton throw, 130 x 170cm, \$149, freedom.com.au
2. Form vase in mocha, 15 x 18 x 5cm, \$35, middleofnowhere.com.au
3. Ceduna planters, 30cm/39cm/43cm, from \$89.95, freedom.com.au
4. Ombeo cushions in 'Smoked wood', \$35, freedom.com.au
5. Country Road cross body bag, \$99.95, countryroad.com.au

Mocha mousse is on the menu in 2025.

AROUND THIS TIME EACH YEAR, THE EYES OF THE DESIGN WORLD FOCUS ON THE PANTONE COLOUR INSTITUTE TO SEE WHAT THIS YEAR'S COLOUR TREND WILL BE...

For 2025, the Pantone Colour Institute has named PANTONE 17-1230 Mocha Mousse their Colour of the Year.

This warming, rich brown is described as "nurturing us with its suggestion of the delectable qualities of chocolate and coffee, answering our desire for comfort" — and it's easy to see why. Mocha Mousse brings a sophisticated, earthy elegance that works beautifully on its own or as a versatile base. Whether you're drawn to minimalist vibes or love designs with rich detail, this hue is ready to enhance palettes across every colour-focused industry and homes the world over - including (no doubt) Palm Lake Resort interiors.

According to the Executive Director of the Pantone Color Institute, Leatrice Eiseman, their decision on this year's colour was "underpinned by our desire for every day pleasures".

"Mocha Mousse expresses a level of thoughtful indulgence," Leatrice explains. "Sophisticated and lush, yet at the same time an unpretentious classic, PANTONE 17-1230 Mocha Mousse extends our perceptions of browns from being humble and grounded to embrace aspirational and luxe."

Pantone Color Institute Vice President Laurie Pressman agrees. "For Pantone Color of the Year 2025, we look to a mellow brown hue whose inherent richness and sensorial and comforting warmth extends further into our desire for comfort, and the indulgence of simple pleasures that we can gift and share with others," Laurie says.

Did you know that colour also plays an important role in our mood? According to colour therapy, every hue has its own subliminal energy. In colour therapy, browns (like Mocha Mousse) are associated with grounding, stability and security. Browns represent a connection to the earth, providing a sense of comfort and resilience. Brown energy fosters practicality, reliability and balance, making it helpful for those seeking to feel rooted, calm and centered in their lives.

There's no doubting that Mocha Mousse is a colour of warmth and comfort - just like the components of its name: delicious mocha and delectable mousse! This is, in fact, a colour that is accessible to all and can be easily incorporated into most interior schemes. Think Mocha Mousse-inspired throws and cushions on your lounge or an inviting feature armchair in the corner of your living space or bedroom (as pictured above). Equally, Mocha Mousse is quite the wearable colour. How will you jump onboard this 2025 colour trend?

Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
YOU CAN FREECALL 1800 881 041, EMAIL TWEEDRIVER@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 69 - \$1,150,000

- 
Beds
2
- 
Bath
2.5
- 
Alfresco
1
- 
Living
2
- 
Garage
1.5

SOLD

Modern luxury.

This modern, immaculately presented two-bedroom, two bathroom home is available now. Pack up your things and get ready to move in. You will get a dream home in a fantastic location. Located in the popular Palm Lake Resort Tweed River, this gated, secure over-50s community is pet-friendly, with first-class facilities (including a pool, sauna, gym, cinema, craft room and community dining. Features of this property include a spacious open-plan living room, ducted air conditioning, low maintenance garden and bonus attic storage.



Home 18 - \$1,250,000

- 
Beds
2
- 
Bath
2
- 
Study
1
- 
Living
1
- 
Garage
1.5

Like being on holiday.

Featuring an immaculate interior and has that clean homely feel. The ultra-modern kitchen with Caesar Stone benchtops, 2-pak soft closing cupboards and drawers, space for a 2-door fridge with water connection, Smeg appliances, Induction Hotplate, Convention inbuilt Microwave and added water filter. The one and a half size garage, that would fit two small cars, has a low maintenance resin floor and entry into the home from the garage through the laundry. There is a rear irrigated garden and side yard that is very low maintenance for clothes drying etc.



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Palm Lake Group 'Rizes' to the occasion.



OUR
CHRISTMAS
HAUL FOR
THOSE IN
NEED

This year, all seven Palm Lake Care communities, a number of Palm Lake Resorts and our Palm Lake Group Head Office team supported the RizeUp Christmas Appeal. PLC Chief Operating Officer Patricia Heke says the Group collected “a mountain of beautiful presents” (pictured above) that were gifted to children of families in domestic violence situations who otherwise might not have had a gift under their Christmas tree. “Our efforts were for smiles we will never see, but will know were there, on Christmas morning,” Trish says. “A massive thank you to all for your generosity.”



Twenty years young.

Recently, there was a vibrant gathering to mark the 20th anniversary of Palm Lake Resort Mt Warren Park. The day was filled with much fun and celebration. Best of all, it was great to honour Mt Warren Park's original 14 homeowners – those who have proudly called this community home since 2004 (as pictured left). Hip hip, hooray!



Waterford's Toy Boys continue their epic project.

Palm Lake Resort Waterford is home to a delightful group of fellows who adore their time together in the resort workshop. Not only do they use that quality time to chew the fat on all the topics of the world, they also like to build wooden toys for very grateful local children. And they've been doing it for longer than a decade!

The "Toy Boys" spend the whole year crafting gorgeous, high-quality toys from donated materials (and other materials that they purchase with funds raised through resort events and donations). Then, come December,

they put on their Santa hats and gift their toys to local groups. Toy Boys committee president Ray Johnstone says the Beenleigh Special School and Woodmans Mitre 10 Beenleigh's Community Christmas Tree appeal were the two grateful local organisations that received their hand-crafted gifts this past Christmas (all gifts under the Mitre 10 tree were provided to Night Light Outreach who distributed them to needy local families). Among the haul was everything from doll beds to a ride-on digger - all handmade in the Palm Lake Resort Waterford workshop. Bravo boys!



Wedding belles.

Congrats to Palm Lake Resort Beachmere Sands residents Allyson and Graham (pictured top) who tied the knot in a wedding ceremony at the resort's fabulous Beach House late last year.

We also saw Palm Lake Resort Bethania homeowners Dawn and Vern (above) tie the knot in a private function at their resort's Country Club in front of 60 guests.

Doing it for charity, again and again.

You can tell we've just enjoyed the 'season of giving' - not only did our homeowners enjoy giving Christmas gifts to their loved ones, they didn't forget about those less fortunate. We've seen so many great stories of charity fundraisers being held across our resorts in recent months - here's a little snapshot of some of them:

- Cooroy-Noosa hosted a 'pink' event for the McGrath Foundation. More than \$4000 was raised for breast cancer research and patient support.
- Carindale's inaugural jumble sale raised \$3000 for Care Kits for Kids and Beyond DV.
- Beachmere Sands and Beachmere Bay converged for morning tea to raise \$430 for Alzheimers research. The Sands crew also held a Bowls event fundraiser for prostate cancer research and raised another \$800.

Doggie dates.

At Palm Lake Resort Carindale's Home 52, an ever-changing and random assortment of resort doggos gather early each morning to greet each other. Homeowner Betty welcomes these morning gatherings on her front step where she and her dog, Lucy, provide delicious morning treats. There are often 4 or 5 puppies dropping in each morning, she tells us. It's a lovely way for our four-legged community members (and their humans!) to stay connected.



New Year, new you.



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