

OCTOBER-NOVEMBER 2024



The Chat



Rockin' around the clock

Our community can do more than dance - we can also raise funds for a good cause!

Big ideas for a small backyard

You'll look at your Palm Lake Resort backyard differently with our ideas, inside

Refer a friend, earn a reward

Do you know someone who is looking to make the move here? Refer them, for fast cash!



Welcome.

Welcome to one of the last editions of The Chat for 2024. Where has this year gone?

I have just returned from my extended annual leave getaway, where I was lucky enough to take a trip to South Africa, via Singapore, with some friends. The first port of call was to the Raffles Hotel to try a Singapore Sling (or two) and then on to the world-famous Marina Bay Sands Resort to soak up the amazing view before checking out the Gardens by the Bay. We then spent three days in Cape Town before joining a tour group and exploring the towns along the South Coast's 'Garden Route'. Finally, we visited Kruger National Park where we were lucky enough to see all of the 'big five' animals: an elephant, a rhino, leopard, lion and an African buffalo. I even tried my hand at ziplining, though let's just say that is best left to the professionals (see the opposite page for photos). A massive thank you to Bernie and Di for covering for me while I was away.

A groundsman at one Palm Lake Resort location recently reported a suspected snakebite. Luckily, it was a dry bite - but it is a timely reminder to homeowners to be on the lookout. Please follow these golden rules:

- Remain alert and look out for any signs of snakes
- Try not to step or put your hands where you cannot see
- If you are going into a garden bed, long grass or other area where snakes may be present, make some noise and give them an opportunity to escape
- Be alert when moving timber or other materials that snakes may use as a hiding place

Until next time,

Bernie Paterson and Suzanne Lacey (pictured)
Palm Lake Resort Tweed River



Contact us.

Looking for more information about Palm Lake Resort Tweed River? Here's how you can reach us:

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Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News in brief.

Weekly activities list

MONDAY

7am – 1pm Personal gym instructor
7.25am – 8.25am Pool exercises
10.30am – 12.30pm Card making (Hall/Craft Room)
1.30pm – 3pm Line dancing (DVD class)

TUESDAY

7.25am – 8.25am Pool exercises
9am – 12pm Craft morning (Craft Room)
1.30pm – 3pm Bingo (Craft Room)
6pm Meal night (arriving around 5-5.30pm)

WEDNESDAY

7am Golf at Chinderah
7.25am – 8.25am Pool exercises
9am – 9.30am Balance class
9.30am – 10.15am Tai chi (DVD class)
1pm Cards (Library or Lounge)
1.30pm Rummikub
7pm Movie night

THURSDAY

7.25am – 8.25am Pool exercises
9am Yoga (in Sportsman Bar area)
9am – 12pm Bus trip to Tweed City
10.30am – 1pm Art Space
1pm – 4pm 500
1.30pm Mah jong
2pm – 4pm Kelly pool
3.30pm Aqua aerobics

FRIDAY

7.25am – 8.25am Pool exercises
10am – 11.30am Line dancing (DVD class)
5.30pm Occasional Happy Hours

SATURDAY

9am – 9.45am Tai chi (DVD class)



Mangiamo!

The ladies enjoying a meal out at Baskk Italian. Anne (Home 84), Roz (Home 55), Fay (Home 27), Robyn (Home 40) and friend Jan, and Colleen (Home 63).

Don't forget to check your speed

Please remember the speed limit around our community is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

We want to hear from you!

Whether it's photos from a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions of this newsletter.



Suzanne goes wild!

From ziplining to elephant spotting, Suzanne returned from South Africa with a very full camera roll (and a few bruises!).

Partying for a good cause.

YEAR AFTER YEAR, OUR WEDGETAIL RETREAT FUNDRAISER BRINGS OUR COMMUNITY TOGETHER - AND RAISES MONEY FOR A FANTASTIC CAUSE.

Our annual Wedgetail Retreat Palliative Care fundraiser, held on September 21, was another resounding success. Homeowners and guests were delighted by its 1950s American diner theme, which extended from retro decorations to diner-style catering. The event captured the fun and nostalgia of the era, complete with lively entertainment that brought the spirit of 50s rock 'n' roll to life.

Better yet, the fundraiser raised an impressive \$12,200, surpassing last year's total. A significant \$2500 was generated through recycling efforts, proving our community's commitment to both charitable giving and sustainability. Well done!

Each one of these events is even better than the last, and we're sure that will continue. However, a bigger venue is needed to accommodate the growing interest and allow for even more creative decor, entertainment, and fundraising opportunities. If you know of a suitable space the committee is eager for suggestions.

Here's to making next year's event even bigger and better!



Big ideas for a compact yard.

DOWNSIZING YOUR FAMILY HOME DOESN'T MEAN GIVING UP ON A BACKYARD THAT IS THE ENVY OF YOUR VISITORS. YOU'VE JUST GOT TO THINK A LITTLE MORE CREATIVELY. THERE ARE SO MANY WAYS TO EASILY TAKE A COMPACT BACKYARD TO THE NEXT LEVEL.

MAKE THE
'GREAT'
OUTDOORS
YOURS

Go green

It's the obvious thing but a lush, green garden is ever so welcoming. Speak to your local nurseryman about what types of plants suit your home's position (closely observe how the sun falls on your various garden beds before you head to the nursery) and also take into account how green your thumb actually is. Choose hardy plants if you're a plant newbie to avoid disappointment! A simple irrigation system is worth the expense when setting up your garden – many can be controlled via an app on your smartphone when you're away on holidays.

Game on

You don't need a huge backyard to have a huge amount of backyard fun – in fact, there's a whole range of yard-friendly games on the market that won't break the bank. Classic Bocce can't be beaten. Lawn bowls lovers will enjoy Bocce as the objective is similar: get your team's balls closer to the pallino (the first ball put into play) than the other team's. Alternatively, you may want to invest in a Finska set. This game involves throwing a wooden block at a cluster of 12 wooden cylinders, which are marked with the numbers one to 12. You can even seek out jumbo backyard versions of those classic indoor family games like Jenga, chess and Yahtzee.

Grow your own

A small vegetable patch can reap big rewards, especially when it comes to the pride felt when eating your own homegrown produce. Even the smallest of garden beds can be utilised for a veggie patch or you could group together a few larger decorator pots filled with premium potting mix. Lettuce is an easy veg to grow that is also quick to reach harvest. There are also now dwarf tomato varieties that grow to roughly 50cm, which is perfect for a small veggie patch. Shallots, French beans and spinach are compact growers. Beetroot and onions don't take up too much space and are fun for the kids to dig up when mature. Preparing your ground

is key – use rich composted soil. Water and fertilise regularly for fast results. This is one project that's perfect to share with the grandies and maybe you can work with your neighbours to ensure a wide variety of produce is grown which can then be shared around.

Wriggling wonders

If you've committed to a veggie patch, another cool addition to a small backyard is a worm farm. For around \$150, you can set yourself up with a neat and compact worm farm and all the things you'll need to support your new little wriggly pets. Worms will compost your kitchen scraps while also producing worm 'tea' fertiliser and the richest compost/soil for your plants. When a worm farm is working efficiently, there's no smell. It's another one of those backyard beauties that the grandkids will LOVE! And, trust us, your neighbours will want some of your magic worm tea for their gardens too – bottle it up and share it around!

Garden art

Another way to bring 'wow factor' to your backyard is via garden art. There are endless options! Consider decorative screens/panels (widely available at hardware stores) which look great installed against a plain fence, or even statues and sculptural figures subtly installed among the greenery for a surprise 'pop' of interest. Water features provide the soothing sound of gentle running water while you can also paint a feature wall – they aren't just for inside!

Take a seat

A commonly overlooked element of backyards is seating. Create places to stop and take in the vista you've created. The more unexpected, the better. Maybe you can install a bench near your veggie patch that doubles as storage for a few small garden tools? Or position a couple of chairs and a small table to overlook the water feature? Sitting among the plants in your backyard, with the sun on your back, is proven to be amazing therapy.

We're the voice!

We recently had a fantastic evening singing hits from throughout the decades, expertly organised and led by Mary and John (Home 93) and Renato (Home 95). The night was one to remember, thanks to their efforts, with homeowners coming together to belt out their favourite tunes.

Mark your calendars for the next karaoke night, taking place on November 23. It's sure to be another great evening of music and laughter. Don't forget to bring a plate to share and come ready to join in on the fun!



Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
YOU CAN FREECALL 1800 881 041, EMAIL TWEEDRIVER@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 69 - \$1,150,000

Beds

2

Bath

2.5

Alfresco

1

Living

2

Garage

1.5



Modern luxury.

This modern, immaculately presented two-bedroom, two bathroom home is available now. Pack up your things and get ready to move in. You will get a dream home in a fantastic location. Located in the popular Palm Lake Resort Tweed River, this gated, secure over-50s community is pet-friendly, with first-class facilities (including a pool, sauna, gym, cinema, craft room and community dining. Features of this property include a spacious open-plan living room, ducted air conditioning, low maintenance garden and bonus attic storage.



Home 59 - \$1,150,000

Beds

2

Bath

2.5

Alfresco

1

Living

2

Garage

1.5



SOLD

Enjoy life to the full.

The 2-storey, low-maintenance dwelling has 2 king-size bedrooms with open plan living, 2 lounges, high ceilings and an upstairs balcony and downstairs patio with views to the Tweed River. Flow out from the 2nd lounge upstairs to the balcony and enjoy that glass of wine or champagne with friends. The ultra-modern kitchen with central island bar and double stainless-steel sinks, Caesar Stone benchtops, 2-pak soft closing cupboards and drawers, space for a 2-door fridge with water connection, induction hotplate and convection inbuilt microwave.

Home 18 - \$1,250,000

Beds

2

Bath

2

Study

1

Living

1

Garage

1.5



Like being on holiday.

Featuring an immaculate interior and has that clean homely feel. The ultra-modern kitchen with Caesar Stone benchtops, 2-pak soft closing cupboards and drawers, space for a 2-door fridge with water connection, Smeg appliances, Induction Hotplate, Convention inbuilt Microwave and added water filter. The one and a half size garage, that would fit two small cars, has a low maintenance resin floor and entry into the home from the garage through the laundry. There is a rear irrigated garden and side yard that is very low maintenance for clothes drying etc.

8

9

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



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