

Waterford News.

FEBRUARY - MARCH 2022

PLAY
EIGHT-BALL
ON FRIDAYS,
AT 6PM

Right on cue.



WALK INTO ANY PALM LAKE RESORT COUNTRY CLUB AND YOU'LL LIKELY FIND A GROUP OF RESIDENTS GATHERED AROUND THE BILLIARDS TABLE, WATCHING OR PARTICIPATING IN A NEIGHBOURLY GAME. BUT IT'S A GAME THAT SPANS THE GENERATIONS – SO OUR VISITING FAMILIES LOVE IT TOO.

If there's one thing many Palm Lake Resort residents have in common, it's that they love a good game of snooker – it's the reason most of our resorts across Queensland, New South Wales and Victoria have their own billiards tables. Pool, snooker and billiards are all beloved as social games best enjoyed with a drink and good company, but did you know there are distinct differences between them? Paul Cosgriff, president of the Victorian Billiards and Snooker Association, explained the differences clearly.



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Refer a friend and claim your bonus.

We know your friends love coming to visit you at your Palm Lake Resort Waterford home and they enjoy sharing our resort facilities with you, right? Refer a friend to join us and become part of our exclusive Palm Lake Resort 'family', and if they purchase a new or established home from here at our location, or any of the other Palm Lake Resort locations across the whole Palm Lake Group, you'll stand to receive up to \$500 cash.

If your friend purchases an established Palm Lake Resort home, as a referrer, you are able to claim \$250 cash. If they buy a new home in one of our selling locations (including Palm Lake Resorts Bargara, Caloundra Cay, Forster Lakes, Beachmere Bay or Toowoomba), your referral bonus goes up to \$500 cash. Easy!

To find out more about our 'Refer a Friend' incentive, turn to Page 11 of this newsletter or contact one of our team members at a local Sales Information Centre.

Enjoying life with your friends and likeminded neighbours is what the over-50s era is all about. Living at Palm Lake Resort might give you access to a safe, low-maintenance home and great facilities but it's the warm and welcoming community you become part of that really makes the difference. Activities are a wonderful part of the daily routine here and lifestyle is key. Imagine doing all this with your closest friends? Refer a friend today!

CONTACT US

Looking for more info about Palm Lake Resort Waterford?

Here are five ways you can reach us:

Online: palmakeresort.com.au

Social media: Follow Palm Lake Resort on Facebook and Instagram.

Street address: 29-71 High Road, Waterford QLD 4133

Phone: 1800 028 428

Office hours: Monday-Friday, 9am-noon

Email: waterford@palllake.com.au

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News briefs.



HOT OFF THE PRESS

Our summer 2021-22 edition of "Your time" magazine is out now, circulating the country. In it, we've covered all the latest news from around the various Palm Lake Resort addresses, with other great summer-infused lifestyle reads too. If you didn't receive a hard copy in your letterbox, you can always read it online at palmakeresort.com.au

NEW DIGITAL LOOK

Palm Lake Resort has just unveiled a new-look website. We've got all the information you need on our 25 current resorts as well as those exciting new developments in the pipeline at Pelican Waters (QLD), Old Bar Beach (NSW) and Paynesville (VIC). Check out our new site at palmakeresort.com.au



MEET YOUR HOME OWNERS' COMMITTEE

Here are the names of our Home Owners' Committee members, for your information:

- **President:** Norm Watts (Home 28)
- **Vice President:** Patricia Kelly (Home 219)
- **Secretary:** Kaye Kearns (Home 24)
- **Treasurer:** Position Vacant
- **Committee Members:** Diana Bradberry (Home 31), Gayle Watts (Home 28), Bill Valler (Home 14), Carol Baglee (Home 161) and Valda Wernowski (Home 203).

Please note that the next meeting of the Home Owners' Committee is on February 19. Please make yourself available

Also note that the AGM will follow in April, with a date to be fixed. Please consider standing for a position on the Committee in 2022.

Weekly activities.

MONDAY

- 8am** Toy Boys Workshop
- 9am** Ladies lawn bowls
- 9am** Guitar rehearsals (Cinema)
- 10am** Cardmaking (Craft room)
- 1.30pm** Social craft (Craft room)
- 1.30pm** Cards - 500 (Country Club)
- 6pm** Dinner (Country Club)
- 6.45pm** Movie Night (Cinema)
- 6.45pm** Darts (Country Club)

TUESDAY

- 6.30am** Gym with Aubrey (until 11.30am)
- 9am** Aqua aerobics (Indoor pool)
- 9am** Tuesday AM Art Group (Craft room)
- 1pm** Social bowls
- 5.30pm** Dinner (Country Club)
- 6.30pm** Movie Night (Cinema)
- 6.45pm** Trivia (Country Club)

WEDNESDAY

- 8am** Toy Boys Workshop
- 9am** Gentle exercise (Country Club)
- 9am** Art classes - acrylics (Craft room)
- 1.30pm** Social craft (Craft room)
- 6.30pm** Cards - Canasta (Country Club)

THURSDAY

- 9am** Sewing and knitting (2nd & 4th Thursdays, Craft room)
- 9.30am** Fabric craft (1st & 3rd Thursdays, Craft room)
- 10am** Choir practise (Cinema)
- 1pm** Social bowls
- 2.30pm** Housie (Country Club)

FRIDAY

- 9am** Aqua aerobics (Indoor pool)
- 9.30am** Fabric craft (Craft room)
- 11am** Tai chi (Country Club)
- 12.45pm** Scrapbooking (Craft room)
- 1.30pm** Cards - Canasta (Country Club)
- 4pm** Happy Hour
- 6pm** Eight ball (Country Club)

SUNDAY

- 9am** Painting with Yvonne (Craft room)
- 9am** Church service (Bethania Hall)
- 1pm** Social bowls



Choir news.

After a well-earned break over Christmas and the New Year, our Choir resumed rehearsals on January 13. What is ahead for the year will depend on Covid, as it has in the past years, but with determination we will focus on our singing and see what happens with future bookings.

We were lucky to start the New Year with some certainty though, as our first engagement was a very important one. We were requested by LACOTA (the Logan Area Committee on the Ageing) to sing for them on February 2 at the Logan Community Hall. This was our first engagement we have ever had, to sing publicly at an official function with a paid audience. We feel that this was a real milestone for the Choir as previously we have only sung for other villages, retirement communities and nursing homes.

The Choir is 11 years old this year and it is the hard work and the ongoing interest of the musicians and Choristers that have brought us to this point in time where we can be thought of as a semi-professional group.

Two new songs enter our repertoire this year, as per usual, and once we get them to concert standard they will feature in future performances.

The Choir rehearses every Thursday at 10am in the Cinema and if anyone would like to come and hear us, or has an interest in joining us, you would be most welcome.

Here's a quote to leave you with: "Singing is happiness, and happiness is contagious. Spread it."

The Music Director

Library news.

The Library shelves continue to overflow and so the culling of books is an ongoing process. We are now trying to get rid of books as we fill each carton and this makes the disposal a lot easier. However, residents still drop cartons of books into the library and as many are old, they go straight out again. Perhaps if you have books for the library think carefully before you leave them and consider whether you could drop them to a charity shop yourself and save this double handling.

DVDs are also culled to charity shops when shelves become overfilled. This also applies to jigsaw puzzles and, of these, we have far too many. If you have relatives in care perhaps a donation direct to that venue would be appropriate and permission has already been given to residents to take some jigsaws if they wish.

Books can change your life

Many people get locked into their favourite authors and while our library is vast, sometimes we find it hard to choose something to read. People also get locked into particular genres like crime, spy stories, history, romance and war. Each of these types of books are well worth reading, yet we can miss a lot by never venturing into an alternative type or even non-fiction.

After years of reading crime stories, I made the break into general fiction and found several great authors who write great stories. So, my advice to you is don't be blinkered in your choice of reading. Break out - and I am sure that you will find a whole new world of literature awaits you.

Les (Home 198)



Craft room news.

Hello fellow crafters! I was hopeful to be able to post about our new committee for 2022 but unfortunately it looks like a COVID road map with holes everywhere – it's a project to be fixed by the next newsletter.

All arts, crafts and leisure sewing are returning this year so if you're stuck for a new hobby, come on down. There are some wonderfully helpful ladies full of ideas to help you learn a new hobby or unearth a talent you didn't know you had!

Keep an eye on the Facebook group for residents of Palm Lake Resort Waterford for updates on activities like Beverly's new evening 'sip (wine) and dip (paint brush)' art sessions every month

At the moment, until COVID settles down, there will only be our normal weekly activities, but plans are being made for

events and activities later in the year. We hope to see you soon in the craft room soon!

**Ann Wiltshire,
President (Home 77)**



Cinema news.

Monday and Tuesday evenings and most Sunday afternoons are the session times for movies in our Cinema. Attendance varies but generally we have a big enough group attending that satisfies the Cinema group that we are getting results.

With the movies that are available through the system, we are showing movies with release date in years from 2019

to 2021 and many that never had general cinema release. What we are showing each month is readily advertised with posters on two noticeboards and on the lectern beside the table as you walk into the Club House. Keep your eye on these posters and come along and you can see some of the latest movies completely free.

Sunday matinees remain a great success with the second Sunday always being a Musical and the third Sunday a newer release film for a gold coin donation. The last Sunday of each month is directed towards the solo residents but EVERYONE is welcome.

Les (Home 198)



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Paul says billiards is played with only three balls (one red, one white and a yellow cue ball). Both snooker and pool begin with a triangle of 15 balls each - in pool they are multicoloured and divided into solids and stripes, while in snooker they are red. Snooker is also played with an additional six coloured balls. Both of these games also require a white cue ball.

“The thing I love most about these games is the combination of physics and artistry,” says Paul. “Physics tells you that if you hit the ball a certain way, it will end up in a certain position.

“Mastering all of the other factors - like side, intentional spin and strength - is where the artistry comes in. The best players will finish exactly where they want to finish, under incredible pressure. That’s the beauty of the game.”

Paul's tips for bettering your game

1. Although cues are provided, your own cue is always best. Your individual cue gives the best ‘feel’ and on large professional tables, players fit extensions to their own cue because that familiarity is so important.

2. Two-piece cues are best for ease of transport, and storage. The join can be at half-way or “3/4” - meaning well down near the butt end of the cue. Under the rules, a cue must be at least three feet in length, so if you take the butt end off a “3/4” cue you could still play a shot. Most cues are 54” in length - generally standing about shoulder height, or just above, or below. Therefore, you could not unscrew the 2-piece cue with a mid-join and play a legal stroke.

3. When purchasing a Cue, play a number of shots hitting ‘high’ on the cue-ball so that it follows on, or runs through, after the object ball. This translates to ‘feel’ and helps when comparing cues. The more expensive cue is not necessarily the best feel for you. The tip of the cue is your only means of control for spins on the ball (screw, stun and side) so maintain it well. Good chalk is essential.

4. Persistence is the key to improvement and full enjoyment. Practice, especially for plain ball striking, is essential to eliminate unintentional spins. Later practice allows for intentional spins to manoeuvre the cue ball to the desired position for the succeeding stroke.

5. An adjunct to persistence is maintenance. The cue should be kept clean and dry, with a little wood oil on exposed wood near the tip, and below the ferrule. The billiard table should have a dust cover. When the dust cover is removed, the table should be brushed from the baulk end (the “D”) all the way to the top of the table where the black spot is. Never “bang” a ball onto a spot. It can only cause damage. The table should be serviced by a qualified person if there are problems with spots, wear and tear to the cloth, or if the table is out of level.

Spread the love.

IF THERE'S ONE THING THAT IS FRONT OF MIND DURING FEBRUARY, IT'S LOVE – SPECIFICALLY, ROMANCE. BUT IT'S ALSO A GOOD TIME TO CELEBRATE ALL THE OTHER KINDS OF 'LOVE' IN YOUR LIFE. FROM YOUR PETS TO YOUR NEIGHBOURS, HERE ARE A FEW WAYS YOU CAN SPREAD THE LOVE THIS MONTH (AND BEYOND).



Love thy neighbours

Neighbourly ‘love’ is often on display at Palm Lake Resort, whether residents are catching up at social events or over the fence, sharing a meal at the Country Club or a drink on their driveways. There are so many ways you can show appreciation to your neighbours – why not offer a hand when you see them outside gardening? Cook an extra-large helping for dinner and drop a plate over to them? Or rally your other neighbours to support someone you know is going through a hard time? Random acts of kindness are some of the best ways to show love.

Love your community

Spread the love beyond your neighbourhood with a charitable project. You could build something, bake something or raise money for a good cause. But if you’re in need of specific inspiration, just take a look around your Palm Lake Resort community. Residents across the Palm Lake Group are always doing their bit to help others, and there’s no doubt a fundraiser, food drive or charity project already underway at our resort.

Love long distance

This is something we’ve had to become much better acquainted with, as lockdowns and border closures had made it impossible to visit faraway friends and family. Whether you’re separated by sea or state borders, there are so many different ways to spread the love across long distances. Why not post your friend or family member a small item or card that made you think of them, send them a delivery of food (Uber Eats vouchers are great!) or flowers, or simply pick up the phone for a spontaneous chat?

Love your pet

It’s time to show love to the family member who loves you unconditionally – your pet. Luckily, there are countless ways to do exactly that, from buying them their favourite food every so often as a special treat to taking a moment to give them a good scratch or pay attention to them and them only. If their favourite activity is going for a walk, take them for an extra one some days – or, when all else fails, simply cuddle up with them on the couch.

Love your partner

Showing love to your significant other seems obvious, but if your relationship spans years (decades, even) romance can easily fall to the wayside. Of course, not all couples show love in the same ways – a good way to keep the spark alive is to learn your partner’s ‘love language’. Finding out which of the five love languages they prefer (words of affirmation, physical touch, gifts, acts of service and quality time - Google it!) will help you understand how they give and receive love. This makes you more able to show them the kind of love they most appreciate and notice when they are showing you love in return.

Love yourself

Last but certainly not least, think about how you can show love to the most important person in your life: yourself. You are the person you’ll spend the most time with, so it makes sense to nurture that relationship just as you would any other, right? Think about the things that make you genuinely happy – it might be a certain form of exercise, a swim, a relaxing bath, a trip to the day spa or hair salon, even a specific craft activity – and do more of them.

Social Club news.

Report on past events

Christmas party: Pictured below, December 2021 saw a great Christmas party attended by 108 residents. Thanks to the Long Tall Daddy Band and thanks to all who helped with the staging of this wonderful festive event.



Australia Day: Our first function for the year was an Australia Day barbeque with the choir and Phil Langdon playing some Aussie songs.

New Year's Eve: Happy New Year everyone! Phil Langdon entertained. It was a BYO nibbles and drinks event – a free night for all residents. We were pleased to see a solid group of 'stayers' still up at midnight. A great night, as pictured below:



Upcoming events

February: Morning Melodies. Date and entertainer to be advised. Please keep an eye on the noticeboard.

March 17: Irish Night. The band Dejavu has been booked to entertain. Guests will get a meal and entertainment for just \$20 a head. There will be more information about purchasing tickets soon.

Moving forward: The Committee is looking at hosting another bus trip, this time to the Scenic Rim. There are also various shows in the pipeline and a Christmas in July celebration. If any residents have any new social ideas, please contact any committee member or President Julianne (1877).

Workshop news.

Hello again! Welcome to the start of a New Year. Last year was very successful for the "TOY BOYS" considering the time we lost to COVID. We managed to deliver a good tally of handmade toys to the following very grateful local recipients:

Kingston East Neighbourhood Group: 14 toys
Family and Kidscare Care: 12 toys
Mitre 10 Christmas Tree: 16 toys
Beenleigh Special School : 4 toys. Beenleigh Special School invited us along to their "thank you" morning tea and we had six attendees.

This year's raffle also went very well. Our prize winners were as follows:

Trays of Goodies: Dianne Conner (Home 58), Tess C/O Jim Blackwood (Home 153), Phillip Lowe (Home 156)
Turned Bowl with nuts: Laurie Fletcher (Home 74), Margaret Low (Home 103)
Opal pendant: Trevor Mitchell (Home 224)

Zarraffas \$30 voucher: Darryl Richardson (Home 164), Tony Tripp (Home 9).

Model T Ford: Kitty Obren (Home 35)

Desk Note Pad: Deanna Kerr (Home 29)

Swinging Cradle: Sharon Tegan (Home 48)

Turned Dip Bowl: Jim Blackwood (Home 153).

Congratulations to all of the winners and a thank you to all who donated to the cause.

The workshop AGM has been organised for Wednesday, February 9. The present committee will stand down and all positions will be declared vacant. All workshop inductees are welcome to nominate for any/all positions on the incoming committee. There will be nomination forms delivered to all inductees via a letterbox drop as well as being displayed on the workshop noticeboard in the Club House. We hope that everybody had a safe festive season and we all look forward to a safe year ahead

Ray Johnstone, Workshop Secretary

THE TOY BOYS MEET EVERY MON & WED. AT 9AM



Pictured above: Jim Blackwood receiving our certificate from the Beenleigh Special School principal.



Pictured above: Delivering toys to the Mitre 10 Christmas tree

23/11/2021

Homes for sale.

SOLD!



Villa 151 - \$395,000



Move-in ready

This lovely cottage is well presented with large front and back yards giving you lots of space to enjoy. This property has timber flooring making it easy to keep clean, two bedrooms plus study, main bedroom with ensuite and a second bathroom and toilet.

SOLD!



Villa 102 - \$420,000



Beautifully presented

An absolutely beautiful home that offers two bedrooms plus study, two bathrooms and single lockup garage which has storage space at the end and features side access. This home offers the discerning home buyer everything and more.

We need your home!

Our Sales Information Centre can't keep up with demand for homes at the moment. It seems the secret is well and truly out on the benefits of our over-50s community lifestyle here at Palm Lake Resort Waterford. We are selling homes to our waiting list even before we have the chance to list them online or photograph them! If your situation is changing and you're contemplating a move, make sure you come and see Kerrie and discuss the options available to you.

Want to book a private tour and find out more about our resort? Phone Kerrie on **0403 680 969**. Email KerrieB@pallmlake.com.au or visit us online at pallmlakeresort.com.au



Helping friends become neighbours.

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\$500
for a brand new home.

\$250
for an established home.

For more information and to refer your friend, simply contact our Sales Information Centre on 1800 028 428. *T&Cs apply



THE BEST IN OVER-50S LIVING. THIS IS YOUR TIME.
pallmlakeresort.com.au

Eat, drink and be merry.

There's nothing more enjoyable than spending time with friends, and you can do just that here at Palm Lake Resort.

With many organised weekly activities on-site as well as other outings in our local community, there are dozens of ways to fill your diary alongside your neighbourly friends. Why not start by pulling up a stool with us at Happy Hour this Friday?

We're all about spending quality time with likeminded friends. Here, community is everything.



Palm Lake Resort Waterford. Find us at 29-71 High Rd, Waterford QLD 4133
Freecall 1800 028 428



**THE BEST IN OVER-50S LIVING.
THIS IS YOUR TIME.**

palmakeresort.com.au