

waves



October - November 2024



Our displays put you right in the picture

Step inside our Maclean and Iluka display homes to experience just how sweet life can be here

Activities keep us connected

From aqua aerobics classes to opulent lunches to art classes, we've done it all!

Yamba area's local delights

Not just an exclusive resort address, our homeowners also enjoy the delights of the Yamba area



Pictured: Our gorgeous Maclean display home is a coastal dream. To step inside this display and our Iluka design, turn to Pages 6-7.



Welcome

Welcome to *Waves* - our regular newsletter to keep you updated on all things Palm Lake Resort Yamba Cove. I'm so excited to join the Palm Lake Resort Yamba Cove team! While I'm new to this area, I've been with the company for many years across a handful of resort addresses. Prior to now, I've sold homes to grateful over-50s in our Palm Lake Resort Toowoomba, Caloundra Cay and Pelican Waters communities. What I can tell you though, with my experience of over-50s communities, is that this one at Yamba boasts so many additional benefits given the incredible local area that we get to call home. For many people I've spoken to in our Yamba Cove Sales Information Centre so far, Yamba is the place that they've enjoyed family holidays in decades gone by. Memory-laden holidays at the beach with young kids, building sandcastles and eating icecream. So many are looking to return to Yamba for this next chapter of their lives as a 'life coming full circle' experience. And I completely understand their love of the area - you can read more about that on Pages 4-5.

It's been great to see so many people attending our regular activities lately. We've started offering aqua aerobics classes in our gorgeous magnesium mineral resort pool, as well as Vantage Country Club lunches and even 'Brush and bubbles' art classes. So much fun!

If you haven't yet explored Palm Lake Resort Yamba Cove, I'd encourage you to organise a private resort tour and walk through our display homes. But make sure you give yourself enough time to get to know the Yamba area (or reconnect with it) while you're here. We've got stock homes ready for your furniture and can offer you some incredible value if you'd like to call our office direct and find out more. I look forward to meeting you and sharing more of the excitement of my Yamba exploration in coming editions of "Waves".

Monique Lee
Palm Lake Resort Yamba Cove Sales Manager

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Contact us

Looking for more information about Palm Lake Resort Yamba Cove?

Sales Information Centre:
2 Orion Drive,
Yamba NSW 2464

Opening hours:
9am to 4pm,
seven days a week

FREECALL: 1800 960 946

Email:
salesyambacove@palllake.com.au

Online: palllakeresort.com.au

Get social:
Follow us on Facebook
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Instagram (@pall.lake.resort)



News briefs



'Your Time' is out now

Spring has arrived and so too has your copy of the Spring 2024 edition of our company magazine, *Your Time*. In this edition, we celebrate our two recent Master Builders' Association Awards for Palm Lake Group projects on the Sunshine Coast, QLD. We've also got plenty of coverage of our most recent events and, in our popular Lifestyle section, you can become a 'pasta master' - yum! If you haven't received a copy in your mailbox, you can always catch up online at palllakeresort.com.au

Come along to our Sunset Soiree on November 1!

There's no doubting that our display homes are giving interested visitors a bird's eye view of how sweet life can be at Palm Lake Resort Yamba Cove. You're invited to our Sunset Soiree to explore all of our incredibly stylish display homes, as well as the stock homes we have available. You'll enjoy complimentary refreshments while you get to know our team and our resort. Among those displays open for your inspection at the event will be our Grafton, Iluka and Maclean designs (turn to Pages 6-7 for a sneak peek at Iluka and Maclean). The event will be held on November 1 and you can RSVP via our Sales Information Centre by freecalling 1800 960 946.

Why not come, stay and play?

There's no better way to understand the Palm Lake Resort Yamba Cove masterplan, take in our site and explore our local surroundings better than by doing it in person. If you are traveling from out of town to tour our resort, we'd love to offer you a complimentary night's accommodation. Contact our Sales Team on 1800 960 946 to book your private inspection. We look forward to hosting you here at Palm Lake Resort Yamba Cove very soon.



Award winners, five years in a row

The Master Builders Association's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project. These two recent wins see Palm Lake Group's MBA award-winning streak stretch to five consecutive years – a proud achievement for all those involved and for anyone who calls any Palm Lake Resort address home!



Get social, with us

Are you on social media? Make sure you follow our company's various social profiles to see what's happening right across our dozens of Palm Lake Resort locations. Palm Lake Resort is on Facebook (@palllakeresort) and also over on Instagram (@pall.lake.resort). We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@pall.lake.care). With 10,000 people calling a Palm Lake Group address home, there's always loads going on!



Our heaven on earth

ONE OF NEW SOUTH WALES' BEST KEPT SECRETS, YAMBA IS BELOVED BY ALL TYPES OF PEOPLE - BUT NONE MORE SO THAN THOSE OVER-50S LOOKING FOR A QUIET COASTAL OASIS THAT ALSO PROVIDES ALL THE BIG-CITY ESSENTIALS THEY'LL NEED.

Palm Lake Resort has a history of designing, constructing and operating over-50s communities that spans more than 47 years, so we know a thing or two about what makes a geographic area an over-50s haven. For quite some time now, we've been spruiking Yamba's beauty and benefits for over-50s – we've had a Palm Lake Resort here for years! So, when an opportunity came up to expand the Palm Lake Resort footprint in this idyllic coastal town, we jumped at the chance - and Palm Lake Resort Yamba Cove was born.

Palm Lake Resort Yamba Cove Sales Manager Monique Lee

has been with the company for many years but is new to the local Yamba area.

"I'm originally from Toowoomba and have sold homes at Palm Lake Resorts in Toowoomba, Caloundra and Pelican Waters," Monique explains. "I'd been on the Sunshine Coast for seven years and when the opportunity came up for a move to Yamba, it didn't take me long to get excited. When I spoke to my partner, John, about it he didn't hesitate either. Yamba was the place where he spent family holidays and he knew how laid-back and stress-free he'd feel here – so he quit his job and here we are!"

For Monique – and the thousands of others who are lucky to call this unassuming paradise home – the beauty is in Yamba's small-town feel.

"There are no traffic lights here," Monique smiles. "It's so

easy to get around because there's so little traffic to contend with. And the people here are really friendly. I actually feel like I'm on a working holiday most days!"

Monique and John love to walk their toy poodle puppy, Sadie, on Pippi Beach and swing by the weekly farmers' market to collect fresh local produce. They've been exploring the area as well and highly rate Broom's Head, as well as the Clarence River ferry over to Iluka. Monique says the dining scene here was an unexpected bonus.

"The food here is so good! Compared to our experience of dining out on the Sunshine Coast, Yamba has so many great venues – there's everything from amazing Asian fusion, to Indian, to Mexican and it's all the best we've tasted. We are really loving the food scene here.

"And you just have to see Yamba Cinema! It's reminiscent of

small-town cinemas from years gone by, with great staff and cheap ticket prices. It's another great night out."

While Yamba's charm is in its small-town feel, don't be mistaken for thinking you won't get big-city service and access to all the essential services you need. There's a reputable doctor's surgery only one minute from the resort, with Maclean District Hospital just 25 minutes' away and Grafton Hospital 40 minutes' away. You can be at Ballina Byron Gateway Airport in just over an hour, which is your literal gateway to Sydney and Melbourne.

"Yamba honestly ticks loads of boxes for over 50s," Monique says. "It's quiet enough to ensure you feel relaxed and on holidays every day, but it's also got so much culture and life. And you can't go past this area's natural beauty. It really is a coastal heaven on earth."



Maclean, designed for sharing

Pictured on this page, our "Maclean" home design provides ample space for all the 'extras' in life, whether that be visiting family and friends, a home office, or your latest hobby or creative pursuit.

At 303.38m², there are three bedrooms in this floorplan with a multi-purpose room connecting the second and third bedrooms. And, of course, the home's owners enjoy their own spacious sanctuary with a generous ensuite and a delightful balcony off their private master suite.

This home offers all the luxury inclusions to make life here a (coastal) breeze for entertainers. From the built-in wine rack to the expansive island bench, the kitchen will no doubt be the heart of every get together here. There's even a state-of-the-art, rain sensitive Vergola roof over the alfresco living area for the ultimate in climate control. This space is seamlessly connected to the light-filled living area for the epitome of indoor/outdoor living.

These displays are open for your private inspection, seven days a week. Freecall our Sales Information Centre on 1800 960 946 to book your appointment.

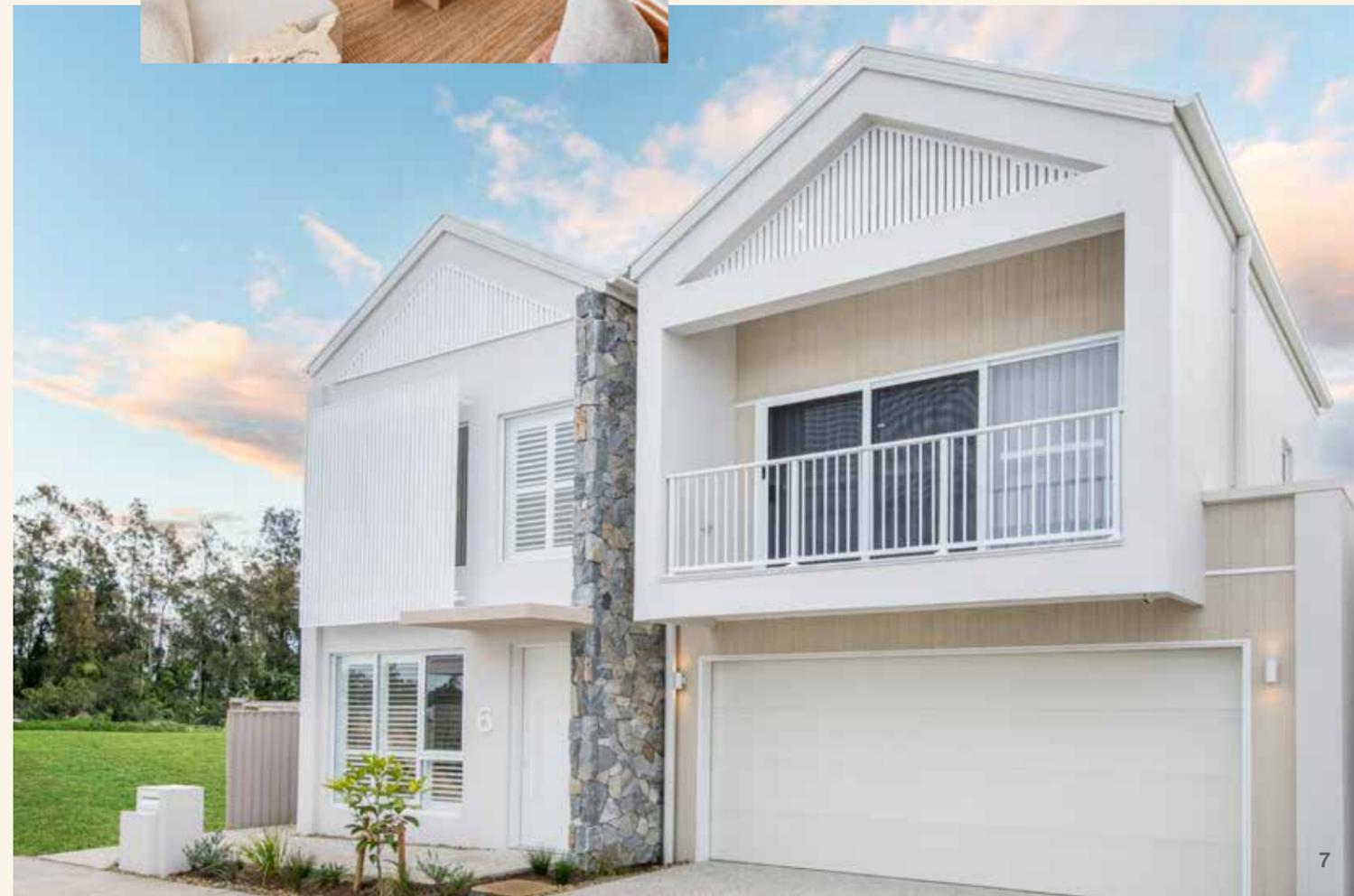
Put yourself in the picture

TO FULLY UNDERSTAND THE BEAUTY, STYLE, SPACIOUSNESS AND HIGH-END FINISH OF OUR HOMES, WE ENCOURAGE YOU TO INSPECT OUR DISPLAYS. HERE ARE TWO, TO WHET YOUR APPETITE FOR A BRAND NEW COASTAL LIFESTYLE...

Impressive Iluka

Pictured on this page, our "Iluka" home design is everything the modern over-50s homeowner needs. Architecturally striking, this two-storey 281.59m² floorplan provides space, glorious space from the outset.

Downstairs is a huge master suite with one of our largest walk-in robes. There's an equally as vast ensuite (complete with separate bath and shower), as well as direct access to your own alfresco outdoor living area. Upstairs is for living. An expansive, open-plan kitchen/dining/living area is the hero here, adjacent the full-width balcony that captures all that sunshine and those coastal sea breezes. This level also features two additional bedrooms, a bathroom and more handy storage. With a study for your home administration tasks, a plentiful laundry, double car garage with more storage space, and a chic internal lift connecting the two levels, the Iluka will be sure to impress.





Brush and bubbles

VANTAGE COUNTRY CLUB'S BRAND NEW ART AND CRAFT ROOM HAS BEEN GETTING QUITE A WORKOUT SINCE WE'VE BEGUN REGULAR 'BRUSH AND BUBBLES' SESSIONS FOR HOMEOWNERS AND OUR INVITED GUESTS.

All materials are provided for our participants - all they need to bring is their patience and creativity!

With a little guidance, we've seen participants create their very own canvas masterpieces. With a complimentary charcuterie grazing platter and refreshments provided, these painting sessions have been a real hit!



Pictured: Vantage Country Club's magnesium mineral pool is now home to fun aqua aerobics classes.

Staying active has never been this 'cool'

FIT AND ACTIVE PEOPLE ARE HEALTHY PEOPLE, ARE HAPPY PEOPLE. WITH SUMMER NOW ON OUR DOORSTEP, THE SPORTS AND EXERCISES MAKING A SPLASH ARE THOSE ONES THAT CAN BE DONE IN THE WATER.

Water-based fitness is beloved for its myriad health benefits, especially for those aged over 50. There are so many styles of water-based fitness now, all serving different though equally beneficial purposes. Aqua aerobics is an undoubted favourite for Palm Lake Resort homeowners right across the group, and for good reason. Aqua aerobics offers a cardiovascular workout while also encouraging core engagement, muscle strength and flexibility. It's ideal for those who have issues with weight-bearing exercises - it'll help you increase muscle strength without straining.

Aqua aerobics – along with many other styles of water-based fitness – removes the force of gravity which, when combined with the buoyancy provided by the water, helps participants feel lighter and more nimble. Exercising in a vertical position in water offers additional benefits, particularly for those with limited neck and shoulder mobility.

One of the greatest benefits of working out in the water is that it keeps you cool, so there is less risk of overheating.

Water also allows for more adaptability in terms of the intensity of your workout. It is very easy to maximise the force of the water resistance to suit your strength, thus tailoring your workout.

Aqua aerobics also allows for fun social interaction and engagement. To the untrained eye, water-based training can look like it doesn't take much effort, but there are so many benefits to working with water, and when you do it right, you will feel them!

With a pool as glorious as ours at Palm Lake Resort Yamba Cove, it's never been easier to cool down and tone up at the same time - which is why we've started hosting regular aqua aerobics classes for homeowners and invited guests.

Our first class was held in September and the feedback was that the pool temperature was perfect. Not only that, our resort's magnesium mineral pool also does wonders for your health. Magnesium is said to help alleviate aches and pains, while soothing your skin. Guests reported that our magnesium mineral pool water feels different - almost silky smooth - making it a pleasure to swim in. There's less irritation to eyes, and your hair and skin won't suffer chlorine smells or that sticky salt feeling you get from chlorinated or salt water pools.

Caretaker's notes

Hello all - Welcome to another edition of Waves. As you know, our Vantage Country Club is now open and I'm so excited to be welcoming homeowners and invited guests to enjoy our fabulous facilities and activities. In the last couple of months, we have introduced regular "Brush and Bubbles" classes in our Art and Craft Room which are proving to be very popular for all those budding artists who've attended thus far. All materials are provided, including a complimentary charcuterie grazing platter and refreshments to assist with getting the creativity flowing. It's always guaranteed to be a fun afternoon.

We've also been hosting aqua aerobics classes in our Vantage pool - it's such a great time of the year to hit the water and cool down while you tone up! There are additional health benefits gained by swimming/exercising in our heated magnesium mineral pool - the magnesium minerals in the water help to alleviate aches and pains, while soothing your skin.

If aqua aerobics isn't your thing, maybe Pilates classes are? We've also started hosting those classes in our resort's Yoga Studio. Our instructor offers barre, mat, standing and foam-roller versions of Pilates with the day's program based on the level of experience her class participants have.

While our homeowners get to enjoy these kinds of complimentary classes as part of the lifestyle program here at Palm Lake Resort Yamba Cove, we are currently opening up these classes to those people interested in experiencing the Palm Lake Resort lifestyle for themselves. To join an upcoming class, and take the opportunity to inspect our resort and display homes while you're here, simply freecall our Sales Information Centre on 1800 960 946 and our Sales Team can add your name to the RSVP list. Here's when the next classes are on:

Pilates: Weekly on Wednesdays from 10.30 - 11.15am.

Includes access to our Vantage Country Club lockers in the Wellness Centre. Yoga mats are provided. Please bring your own water bottle. Enjoy refreshments after class.

Bubbles and Brush sessions: Tuesday November 19 and December 10, 1 - 4pm.

All materials provided for you to create you own masterpiece canvas painting. Complimentary charcuterie grazing platter and refreshments provided.

I'm looking forward to continuing to support our homeowners and guests on their quest to stay active and healthy. Our homeowners really have it all here at Palm Lake Resort!



KYM BELLAMY,
PALM LAKE RESORT
YAMBA COVE CARETAKER



Pictured above: Trent Ford from Milon conducted instructor training with our local PTs recently. They are looking forward to supporting future homeowners on their quest to stay active and healthy.

Pictured below: Our Pilates classes have been a hit!



Lunch is on us

HOMEOWNERS AND OUR GUESTS ARE DELIGHTING IN THE 'ADVANTAGE' OF HAVING VANTAGE COUNTRY CLUB RIGHT ON THEIR DOORSTEPS, ESPECIALLY WHEN THE MENU IS THIS GOOD.

Our brand new Vantage Country Club plays host to a weekly lunch get-together for homeowners and our invited guests. Diners get to savour a decadent two-course meal, paired with complimentary local wine. Right across the Palm Lake Group of 27 communities nationally, resort meals are a wonderful addition to the regular activities provided for our homeowners as they present opportunities for Palm Lake Resort neighbours to connect and for friendships to flourish...





Holiday, everyday.

With world-class surf breaks, fresh seafood and a picturesque coastline, Palm Lake Resort Yamba Cove is your boutique luxury sea-change address. The perfect community to come home to, boasting world-class facilities that Palm Lake Resort is renowned for. Homeowners can enjoy the facility-rich Vantage Country Club - now open!



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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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